



**Year 7**  
**Electives Booklet**  
**2024 - 2025**



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## Elective – Sports



Students in year 7 who opt for the sport elective will have the opportunity to participate in a range of different individual and team sports over the year. The activities include Basketball, Rugby, Fitness, Table Tennis, Trampolining, Martial Arts, Badminton and Table Tennis.

The sessions will either be delivered by the MHHS PE staff or external qualified coaches in the selected sport. The sport elective provides pupils with the opportunity to take part in a sport and develop their skills and techniques. The sports will also develop pupil's physical, social and mental well-being. The links with the local sports clubs and teams will also provide opportunities for the students to take up the sport outside of school including Saddleworth Rugby Club and Evade Martial Arts. There are 48 places available

## Elective - Performing Arts

### Drama Elective

Year 7 students will have the opportunity to develop their skills as performers or designers in the Drama Elective.



From September to February, you will join the Production team as a member of the chorus or backstage and will have the opportunity to rehearse for auditions for a principal role. The whole school production will be performed over three evenings in February and this is a great opportunity to develop or learn skills in performance or design, as well as a great way of making new friends in the other year groups.

From March until July, Year 7 students will work on a Summer Showcase again as either a performer or in a designer/ backstage role. You will be responsible for creating and performing the showcase and will take responsibility for set design and technical aspects such as lighting and sound. This will result in a public showcase for parents and friends in the Summer term.

Drama Elective workshops will take place in G.03 and The Arts Theatre. There are 34 places available.

### Dance Elective



Year 7 students will have the opportunity to develop their physical performance and creative skills in The Dance Elective.

From September to February, you will join the Production team as a member of the lead dance chorus for the 'School Musical' which is performed over three evenings in February. As well as getting involved in the 'School Musical', our 'Dance Showcase' takes place in March for one evening celebrating all Dance Electives in the skills and styles of dance they have learnt, as well as choreography opportunities. Both productions are a great opportunity to develop or learn skills in dance performance, as well as a great way of making new friends in other year groups.

From April until July Year 7 students will work together on a 'Summer Showcase'. You will be learning a wide variety of different dance styles, such as contemporary, hip hop, ballroom and jazz dance. You will also be learning about how to improve basic dance technique including jumps, kicks and turns.

Dance Elective workshops will take place in the Dance Studio.

There are 18 places available.

### **Art Elective**

Art elective will be offering students the chance work on creative ideas outside of the curriculum. There will be opportunities to work on whole school projects that cross over with other subjects.

Students will work collaboratively and independently on projects in school and outside of school. Students will be given chances to work with specialist equipment to realise personal ideas. They will meet with local artists and work on community projects.

The Art Elective will take place in 4.01. There are 20 places available.



### **Elective – Food Technology**

This focuses on exploring culinary science, cooking techniques and food preparation. Students will engage in activities such as experimenting with recipes, learning about food safety and understanding the science behind cooking.

If all things food related is your passion, this is for you.

There are 18 places available.



### **Elective – Mini Duke of Edinburgh**

#### **Junior Award Scheme for Schools – Silver (JASS Award)**

Students in year 7 will have the opportunity to complete the JASS Award in the Outdoor Education elective. This award is designed to recognise wider achievement and is a good starting point for children who may go on to the Duke of Edinburgh Award.



Participants are awarded a certificate on completion of each section and a full certificate and badge on completing Silver award level.

25 places available,

## The JASS Programme is made up of Four Sections

### My Interests

A new hobby or interest or one, which can be further developed – 12 hours

### Get Active, Stay Active

Regular involvement in a sport or physical activity – 12 hours

### Me and My World

A community or environmental project – 12 hours

### Adventure

A team work challenge through involvement in an outdoor activity – 5 hours

This elective will take place in G.01 for the first week as pupils will be required to sign up to the online system to upload their evidence for each section.

The JASS elective will then be in different locations around the school depending on the week's activity (Sports Hall, Astroturf, grass pitch, classrooms).

If pupils would like to take part in the JASS Award but still want to participate in a different elective such as sports or performing arts this is possible but please see Mr Howarth.



## Elective – Film

This is an engaging and enriching extracurricular activity where students come together to explore the world of cinema providing a platform for students to watch and discuss films beyond the classroom, encouraging critical thinking, creativity and appreciation for different genres and styles.

Also allowing students to gain an insight into storytelling, cinematography and cultural perspectives. There are 16 places available.

## Elective – Language and Cultures

The purpose of this allows students to practice and improve their Spanish language skills.



It enriches students' language and cultural understanding.  
16 places available.