Mossley Hollins High School

Our Newsflash (30)

Friday 12th May



OUR TOP STORIES, THIS WEEK

Year 10 Boys Football Team Show Tremendous Spirit in the Final

On Tuesday, our Year 10
Boys Football team put in an incredible effort in the Tameside Cup Final.
Unfortunately, the team lost on penalties but it is undeniable that they put in an outstanding performance.

The team were losing 1-0, 2-1 and 3-2 and each time they went behind, they showed the spirit and desire to draw level, including a last-minute penalty from Elliot Lawrence to take the game to penalties.



Unfortunately, it was not to end in a victory. However we do have high hopes for the team to make the final again next year and finish what they started.

As one of the boys, Leo Moreland, said at the end of the game 'don't worry about the result, football is always the winner lads', which managed to make our boys leave the stadium with a smile on their face.

Congratulations boys on an extraordinary game.

Thank you to the team: Jaidon Roper, Leighton Mounsey, Jamie Uttley, Ben Warburton (injured), Leo Moreland, Layton Charlton, Claudiu Oprea, Harvey Platt, Harry Grange, Alex Favario, Elliot Lawrence, Finn Jones, Max Beasley and Luke Bent

Year 11 Exams Begin, Next Week

Good luck to all of our Year 11 students in this upcoming exam season. You have worked incredibly hard to get to this point. Remember, your teachers are here to support you in any way you need at this moment.

We also want to remind you of the resources we have available to you, to support you in your revision, such as GCSE Pod.







WHY USE GCSEPOD?

What is it?

- One website, 3 apps and over 6000 Pods.
- Content produced specifically for mobile devices, tablets and PCs.
- Designed to squeeze exactly the right knowledge needed for exam success into short 3-5 minute chunks.
- Helps with learning, homework and revision.
- For Years 10 and 11 only.

It will help your child get organised. Your child can create personal playlists to listen to in the run-up to an exam, to help with homework or on the go to help consolidate learning. The viewing history feature enables your child to return to Pods they found useful. There's also a 'Favourites' playlist, which enables them to easily return to Pods on areas they may be finding difficult. Premade exam specific playlists, available in the 'My Courses' area are neatly organised meaning your child can manage revision quickly and easily whilst prioritising their time.

SUPPORT YOUR CHILD ON THE PATH TO SUCCESS



Your child's school has invested in the award winning resource, GCSEPod, to help your child reach their goals!

Join the thousands of parents/carers encouraging their children to use GCSEPod to support learning, homework and revision.

- Proven to increase results
- 28+ exam mapped subjects
- Available online and offline
- Audio visual content
- Builds confidence
- Independently accessible assessments

Want to find out how you can support your child more with GCSEPod? Then join one of our free webinars by registering here: https://www.gcsepod.com/podup-presents-webinars/

"The correlation between success and failure was made almost 100% clear by the use of GCSEPod." Head of MFL at Yateley School

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"I found GCSEPod especially useful to compliment my knowledge and I'm certain it helped me secure the grades that I have been so happy to receive."

Student

"My daughter used GCSEPod for her GCSEs and was very successful with her results, she absolutely loved your Pods and this style of revising." Parent

Student Activation

Please follow these instructions if your child has not yet activated their GCSEPod account

- 1. Go to GCSEPod.com and click 'LOG IN'
- 2. Click 'New to GCSEPod? Get Started'
- Enter your child's details and confirm the name of the school they attend
- 2. Create a username and password

For more information please visit www.gcsepod.com/parents



Beating exam stress

Kooth have created this guide for anyone who has a role in supporting the mental health and wellbeing of children and young people in their local area. The guide includes:

- Twitter post templates
- Instagram story post templates
- Newsletter/Email copy to share with parents
- Website or learning portal copy

You don't have to face it alone - Managing exam stress: Spread the word guide

Download the guide here

Kooth also have an online exam stress peer to peer forum available – you can <u>find out more here</u> and download a poster of the schedule.

You can find out more about Kooth here: https://hub.gmintegratedcare.org.uk/mental-health/kooth/

Place2Be

Place2Be have created some tip sheets full of practical advice to help young people, schools and families manage stress during exam season.

- Navigating exam season: Student guide to managing exam stress
- Navigating exam season: Help your pupils to manage exam stress this summer
- Navigating exam season: Supporting your child to beat exam stress







DATES FOR YOUR DIARY

(Please see our website for further details)

Thursday 18th May Friday 26th May Monday 5th June Monday 3rd July - Friday 7th July Year 8 Parents Evening End of Summer Term 1 Summer Term 2 Begins Year 10 Futures Week

POWER OF LANGUAGE



Mon, 15 May 2023 – Sun, 21 May 2023 is Mental Health Awareness Week. It is an ideal time for us all to think about mental health, tackle stigma and promote our mental well-being. This year's theme focuses on anxiety.

School libraries can play an important and unique role, fostering reading as a practice associated with enhanced wellbeing and resilience, research suggests that reading for pleasure can increase self-esteem, reduce symptoms of depression, help build better relationships with others, improve sleep and reduce anxiety and stress. Students have the chance to explore their own reading journey in a supportive, safe and non-judgemental environment. Our library can provide books to students on healthy minds and bodies. In our diverse collection we have books that contain characters that struggle with mental health. They can help students understand how they are feeling and by seeing themselves or their families reflected in the book they might feel they are not alone in what they are experiencing.

Our library is a welcoming, quiet, calm sanctuary for many students and can be an integral part to their overall mental well-being.

This Week Our Librarian Recommends:



Am I Normal Yet?

A brutal and brilliant takedown of how we talk about mental illness, feminism, and friendship. All Evie wants is to be normal and now that she's almost off her meds and at a new college where no one knows her as the-girl-who-went-nuts, there's only one thing left to tick off her list...

But relationships can mess with anyone's head - something Evie's new friends Amber and Lottie know only too well. The trouble is, if Evie won't tell them her secrets, how can they stop her making a huge mistake?









The Goldfish Boy

A story about finding friendship when you're lonely and hope when all you feel is fear.

Twelve-year-old Matthew is trapped in his bedroom by crippling OCD, spending most of his time staring out of his window as the inhabitants of Chestnut Close go about their business.

That is, until the day he is the last person to see his next door neighbour's toddler, Teddy, before he goes missing.

Now Matthew must turn detective and unravel the mystery of Teddy's disappearance – with a little help from a surprising and brilliant cast of supporting characters.

Full of heart and a genuine and honest confrontation of some of the ways in which life can be hard to handle, this is a story about the courage it takes to face your fears and learn to live with them. It is a book that will make you think about everything there is to discover, just waiting beyond your front door.



The Sad Ghost club

Ever felt anxious or alone? Like you don't belong anywhere? Like you're almost... invisible? Find your kindred spirits at The Sad Ghost Club. (You are not alone. Shhh. Pass it on.)

This is the story of one of those days - a day so bad you can barely get out of bed, when it's a struggle to leave the house, and when you do, you wish you hadn't. But even the worst of days can surprise

you. When one sad ghost, alone at a crowded party, spies another sad ghost across the room, they decide to leave together. What happens next changes everything.

Because that night they start The Sad Ghost Club - a secret society for the anxious and alone, a club for people who think they don't belong.

Please scan the attached QR code for additional recommended books, to support mental health. From The Book Trust and Reading Well for Teens.



Reading Well for teens



The Book Trust

Today a reader tomorrow a leader.

LIFE SKILLS AND CAREERS AT MOSSLEY HOLLINS

Life Skills in Form Time

Redgrave	Faraday	Bronte	Nightingale
(Year 7)	(Year 8)	(Year 9)	(Year 10)
Tuesday	Friday	Thursday	Friday

The timetable below shows the theme for Summer 1 and the topic for Week 5:







Year Group	Theme	Week 5
Year 7	Social Switch	Disinformation and Misinformation
Year 8	Managing Money	Money and Mental Health
Year 9	Being Independent	Loans
Year 10	Managing Risk	Recap – Risk Management

Year 10 Life Skills Opportunity

We are seeking seven to fourteen Year 10 pupils as volunteers and role models to support the Year 7 Life Skills 'Social Switch' sessions. The intent of the sessions are as follows:

- To know how to stay safe online and when using social media
- To understand what the consequences of negative online behaviour might be
- To understand what the opportunities to be a positive presence online are

Volunteers would receive training and be required to attend Year 7 Form Time on Tuesdays.

If your child is interested, please ask them to speak to Mrs O'Donnell or their Form Tutor for further information.



Year 10 Futures Week

We are looking forward to all our Year ten students taking part in Futures Week in July. Our Year ten group will be involved in the following activities:

Monday 3rd July and Tuesday 4th July: Huddersfield University and In-School Events

On these days, the cohort will be split in two. One half of the year group will complete the university visit, the other half will take part in Futures Events in school, and vice-versa.







Future Events Session (in school)

Students will arrive to school at the normal time and go to the Arts Theatre (08:45am-09:00am).

Students will take part in three sessions throughout the day:

- A financial awareness session in the Lecture Theatre (delivered by Mr Frost)
- An enterprise activity delivered by an external provider
- An interview with an external visitor.

In the interview students will discuss their application [prepared in English lessons] and letter. Students will need to present the best version of themselves.

On this day students should wear **school uniform or professional dress.**

Huddersfield University Session:

Students will arrive at school for the normal time and go to the Lecture Theatre to wait to go on the coaches.

Students will take part in the following activities:

- A tour of the campus
- A session introducing students to Higher Education
- A taster lecture about marketing.

Students will leave the university at 2:00pm.

Students should wear **school uniform** on this day.

Students should bring their own lunch. If students normally collect a free lunch, grab bags will brought from the school to the university.

Wednesday 5th July: Ashton Sixth Form College

On this day, students will attend a number of sessions at Ashton Sixth Form College. Students will need to make their own way to the college.

Thursday 6th July: Clarendon College or Tameside College.

On this day students will attend either Clarendon College or Tameside College. Students should make their own way to the college. Students have already chosen the sessions that they will be attending.

Careers Education: Online Careers Service for Your Child

https://gmacs.co.uk/schools

The Greater Manchester Apprenticeship and Careers Service works alongside Xello to provide a trusted and balanced source of careers information in one place.

Xello will provide interactive assessments to help students understand their strengths, skills, and unique interests and give access to hundreds of career profiles.

To access Xello, students need to go to the <u>GMACS</u> <u>website</u>, click on the careers plan tab and then login using their school email address as username, and date of birth (ie ddmmyyyy) as password.

Other useful websites

National Careers Service

https://nationalcareersservice.direct.gov.uk

Students can explore, research and develop their career ideas linking subjects to possible careers.

UCAS

www.ucas.com

For early research into entrance requirements for university.

Apprenticeships

www.apprenticeships.org.uk







Measles. Are you Protected?

Since the introduction of the measles vaccine in 1968 it is estimated that 20 million measles cases and 4,500 deaths have been prevented in the UK.

Measles is highly contagious and can lead to complications such as ear infections, pneumonia, and inflammation of the brain which require hospitalisation and on rare occasions can lead to long term disability or death.

Spending 15 minutes or more in direct contact with someone infected with measles is enough to catch the infection. People whose immunity is compromised, pregnant women and unvaccinated children are at increased risk of severe disease.

Measles symptoms to be aware of include:

- high fever
- sore, red, watery eyes
- coughing
- aching and feeling generally unwell
- a blotchy red brown rash, which usually appears after the initial symptoms.



Anyone with symptoms that could be measles is advised to stay at home and phone their GP or NHS 111 for advice, rather than visiting the surgery or A&E. This is because measles spreads very quickly and easily and so it is important to try and prevent the illness spreading further.

People who have symptoms should also especially try to stay away from areas where you could come into contact with vulnerable people such as schools, nurseries or care homes.

The free MMR vaccine is a safe and effective way of protecting against measles, as well as mumps and rubella.

For more information about measles, see the nhs.uk website <u>here</u>.

Communication with School

Thank you to the vast majority of parents and carers who, when contacting school, are polite and respectful. We understand that, at times, you may feel frustrated if you are not able to immediately speak to a specific member of staff in relation to your child. Please remember that we are a busy secondary school which serves over 900 students and families. Our Heads of Year also have busy caseloads and day- to-day responsibilities. Some Year Heads are classroom teachers and others are Teaching Assistants, this means that they are often in classrooms teaching or supporting students and are therefore not always available to immediately respond to parents / carers.

If your call is urgent or in relation to a serious safeguarding concern, our reception/administration staff will always endeavour to find an appropriate member of staff to take your call, in most other circumstances they may direct you to other means of communication, such as email. In such circumstances, you should expect return communication within 48 hours, if you do not, please escalate this to the Headteacher's PA on heads.pa@mossleyhollins.com. Our staff will do their very best to assist in anyway that they can. As always, thank you for your continued support.







E-Safety: Protect yourself on the Internet: remember the GOLDen rules. **Ground rules** Online safety 1. Keep information private - think, would I tell this to a stranger? 1. Use anti-virus and monitoring systems Agree rules about meeting online 2. Know where to get advice - see below 'friends' in real life 3. Activate security and privacy settings 3. If it's not acceptable in real life it shouldn't be acceptable online Location 1. Internet access should be in a family 1. Talk to your parents about your room, rather than a bedroom internet use 2. Know that Internet access can be gained by the use of other devices; such 2. Talk to your parents if you have a problem or feel uncomfortable as gaming consoles, mobile phones or the neighbour's wireless internet connection

MENTAL HEALTH AND WELLBEING

Mental Health and Wellbeing

The safety and wellbeing of our students is our highest priority. We offer a number of support streams for our students to reach out to if they ever feel anxious, overwhelmed, stressed, worried or lonely. All the details of our Mental Health and Wellbeing support streams can be found under the student tab of our website: www.mossleyhollins.com/students/mental-health-and-well-being/













UNMODERATED CONTENT

Because Telegram relies on users' self-moderation, it can sporadically become a hotbed for illegal or inappropriate content. In the past, the circulation of this material has led to its temporary removal from the App Store. In fairness, the same can be said of several messaging platforms, but Telegram's features (Secret Chats, for instance) certainly present more issues than the likes of Whatz Am.

PRIVACY CONTROLS

DISCUSS SECURITY

It's important that your child understands the merits of strong passwords and logging out of devices when they're finished – and the benefits of protecting their personal data in general. This could range from relaxed chots and simple tips like "don't send your bank details" to how to set up passcades for Telegram so your child's chats stay secure when they stop away from their screen.

Advice for Parents & Carers

REPORT UNSAFE CONTENT

If your child receives private messages which include content that could be considered lilegal, unsafe or upsetting, they can of course block the account responsible within the applicable. Be aware, however, that Telegram won't necessarily take any further action it unless this offensive content involved a user-created channel, bot or sticker.

SECRET CHATS

USE THE BLOCK FUNCTION

Users can block spam, abusive, or imposter accounts within the app.
Blocking stops that account from messaging your child, or viewing their profile and activity. If the user in question is one of your child's peers or friendship circle, it may be worth bringing it to the attention of their school. Also bear in mind that your child can also voluntarily leave a Telegram group at any point if they wish.

PROTECT PAYMENT METHODS

Apple and Google's storefronts offer family sharing options, but it's also worth double-checking your settings to ensure that a password or two-factor authentication option is set up to prevent any unexpected purchases. If your child does pay for a premium Telegram subscription without your consent, Apple and Google have been known to issue refunds in some cases.

Meet Our Expert

Joyd Coomber is Editor in Chief of gaming and exports site GCR-con and hos worked in the gaming media for around four years. A regular visitor to the App Store to by out new tools, he's also a parent who understands the your of unline safety. Writing mainly about tech and fitners, his articles have notified an and installed and in the latest of the safety of the house have notified an armony of the safety of the safety of the house have notified an armony of the safety of safety safety



NOS Online

Safety

#WakeUpWednesday

Source: https://www.telegram.org/ | https://www.engadget.com/telegram-explained-2022-183035088.html









Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 10.05.2023







CONTACTING SCHOOL

Ensure notifications are on for School Gateway app

As a school we are looking at ways to reduce costs, one area highlighted is the amount we are spending on text messages.

Even if you have the School Gateway app you must ensure that you are logged in all the time and have push notifications manually turned on for this app within your phone settings. Every device will have other settings that can affect push notifications (for example, battery optimisation, which prevents some devices from receiving push notifications when the battery is below a certain percentage).

Please also ensure that you are running on the latest version of the app, which can be confirmed in the Play Store or App Store. If you are still not receiving notifications and have followed the guidance below, you would need to refer to the help guide for your specific device and/or contact your device manufacturer:

If both parents\carers are registered on Gateway please ensure that each registered user is using the School Gateway app.

Guidance for switching on notifications:

Apple

- 1. On your phone, go to settings
- 2. In here, scroll down to the 'Notification Centre'
- 3. Select School Gateway
- 4. In here, ensure that under the heading 'Notification Centre' is switched on
- 5. Close the screen; you will now receive notifications when new app messages come through



Android

- On your phone go to Settings > Applications Manager
- 2. Scroll down the list of apps until you find School Gateway and select it
- 3. In here there will be a tick box that says 'Show Notifications'. Ensure this is selected
- 4. Close the screen; you will now receive notifications when new app messages come through.

Huawei

- 1. Tap the Apps icon on your home screen
- 2. Tap settings
- 3. Tap Apps or App Manager
- 4. Scroll down and tap School Gateway
- 5. Tap Notifications
- 6. Confirm 'Block all' is toggled OFF (Samsung / other devices toggle 'Allow Notifications' ON)
- 7. Restart your device



Samsung

 On your phone got to Settings > Notifications and Status Bar > Notifications Centre



- 2. Scroll down your list of apps until you find 'School Gateway' and select it
- 3. Activate 'allow notifications' and also 'priority display'
- 4. Restart your device
- 5. You will now receive notifications when new app messages come through.

Making contact with your child's Head of Year (Progress)

Please ensure that you use the new email address listed below to make contact with your child's Head of Year (Progress) for any questions or concerns you may have. The relevant Head of Year will ensure that you receive an acknowledgement or reply within 48 hours. Unless a phone call is urgent or is in relation to a serious safeguarding concern, parents/carers will be directed to email the relevant Head of Year on the new email addresses below:

<u>Classof2023@mossleyhollins.com</u> – Year 11 – Mr Beaumont

Classof2024@mossleyhollins.com - Year 10 - Mrs Burns and Mr Howarth

Classof2025@mossleyhollins.com - Year 9 - Miss Fogg

<u>Classof2026@mossleyhollins.com</u> – Year 8 – Mr Hayward







OUR VACANCIES AND TRAIN TO TEACH OFFER

Train to Teach

Train to Teach with us here at **The Tame River Teaching & Curriculum Institute** through School Direct in partnership with **everyonelearning@ Hawthorns Kingfisher**.

We are currently recruiting for **Biology**, **Chemistry**, **Physics**, **English**, **Geography**, **History**, **Maths**, **PE with Ebacc**, **Art**, **RE**, **Design & technology**, **Computer Science and MFL**. We lead and host training and placements in strong schools at secondary and primary level. Bursaries may be available.

For more details, please contact eduggan@tret.org.uk or look at the **Train to Teach** Section of the Trust Website: www.tret.org.uk

Get into Teaching with the everyonelearning@ Teaching Partnership

Join us as part of the Class of 2024.

Find out all you need to know about our Primary, Primary with Inclusion SEND and Secondary School Direct

Teacher Training programmes during this online briefing with the Team.

Wednesday 10th May 2023

6-7pm

TEAMS Link







