

THE SHOW MUST GO ON!

Congratulations to the cast and crew of 'We Will Rock You' who performed their final show on Wednesday 15th March to another sell out audience!

The performance was incredible and all involved should be very, very proud of themselves.



Over the last two weeks the cast have played to over 500 people. The show was two hours long, with over twenty classic Queen songs. Seventy students, from all year groups, were involved in well and truly rocking you!

Another one bites the dust!





Mossley Hollins High School

Our Newsflash (25)

Friday 24th March



OUR TOP STORIES, THIS WEEK

The National Theatre Perform Hamlet

We were very fortunate to have The National Theatre visit our school, recently, to perform their specially adapted version of 'Hamlet - reimagined for younger audiences', for some of our Year 7 students alongside some Year 6 students from local primary schools.

It was a stunning performance which made this classic Shakespearean play accessible to our youngest students. The students absolutely loved it, especially the sword fighting, and had lots of questions for the actors after the show.



Noughts and Crosses Theatre Trip



50 students from Year 8 to 10 Visited The Oldham Coliseum to see an adaptation of Malorie Blackman's modern classic novel 'Noughts and Crosses' by the amazing Pilot Theatre Company.

The performance was a superb example of modern theatre which addressed themes of prejudice and inequality. The students were blown away by the powerful performance and the Year 10 Drama students were excited to see the devising techniques they have been learning in class performed on stage by a professional theatre company. Sienna Shaw said "They did multi role, split stage, split role, slow motion and soundscape – I can't wait to do these in my devised piece".

"The excellent behaviour of our students was commented on by members of the audience sat nearby – they were a credit to the school and I am looking forward to organising our next theatre visit."

Mrs Ryan.



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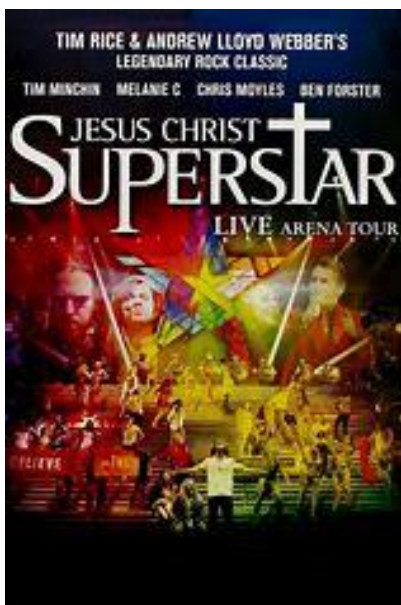
Isabella May Hodkinson (Year 7) and Freya Goodwin (Year 8) both performed with an ensemble of other talented musicians at 'Tameside Music Services' concert at Stoller Hall, Manchester, on Sunday 12th March.

Isabella played the piano beautifully, along with two singers, a violinist and cellist. The performance piece was 'lovely' by Billie Eilish, played to a significant audience which included the Civic Mayor of Tameside.

Isabella's dad has expressed his thanks to Isabella's teacher, Mrs Tomlin, all other musicians and the team at TMS for arranging such a wonderful concert.

Freya represented Mossley Hollins through the Tameside Senior Strings ensemble who performed three pieces. She then performed two pieces as part of a mass ensemble to conclude the evening.

Well done Isabella and Freya on performing so beautifully!



Religion and Worldviews Film Night

On Thursday 30th March, Mrs Harrison will be hosting a Religion and Worldviews Film Night, showing the 2012 arena tour of Jesus Christ Superstar.

The event is aimed primarily at GCSE Religion and Worldviews students, to aid with their revision and as a reward for their hard work, but students from other year groups are welcome to attend should they wish. The film will begin at approximately 3:15 and should end at approximately 5pm. Students should make their own appropriate arrangements to get home at this time. Refreshments will be provided for Year 11 students only but students in other year groups are welcome to bring their own, appropriate, refreshments along with them.

If your child is interested in this event and are in Years 7 - 10, please let Mrs R. Harrison know via email by Tuesday 28th March so that appropriate arrangements can be made in advance.

Mr Choudhury's Charity Climb

Mr Choudhury will be climbing Scafell Pike on Saturday 29th April to raise money for the school community. He would greatly appreciate any donations you can make through his [Just Giving page](#). You can also access the page through the QR code, attached.

We wish Mr Choudhry all the best of luck in his training!



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Dance Success

As well as studying hard in their dance lessons as they work towards their BTEC Dance exams, three of our Year 11 BTEC Dance students have also been spending time outside of lessons preparing for and attending auditions for prestigious Dance and Performing Arts colleges, to take their talents and passion further into their careers after leaving Mossley Hollins.

Chloe Hibbert has auditioned for both Capa College and Shockout Arts and has been successful at gaining a place at both. She also has an audition for Centre Pointe coming up. Good Luck Chloe!

Ryan Lever has auditioned for Capa College, Shockout Arts and Pendleton Sixth Form and has successfully gained a place at all three!

Millie Wright has also successfully auditioned at Capa College and Shockout Arts but will be attending The Hammond School in Chester, from September, where she has gained a full scholarship to train for three years!

A huge congratulations to all three hardworking, enthusiastic and resilient Dance students. Mrs Andrews is so proud of you and cannot wait to see where your futures take you. Well done!

You can see our fantastically talented students perform in our upcoming Dance Show.



Charlie Achieves Personal Best

Charlie Maley (Year 7) regularly attends Manchester Frame running at the Etihad.

Remarkably, Charlie is only one year post his bilateral hip surgery. We are all in awe at his pure determination to regain his strength and achieve new goals - it is something we should all aim to do!

On Wednesday 15th March, Charlie achieved his personal best of 1000 meters!

Congratulations Charlie! We are all so proud of you!



MCSP Dodgeball Competition

On Tuesday, the MCSP primary schools took part in the 2023 Dodgeball Competition.

Over 30 pupils from Year 3 and 4 competed in the event. The pupils showed excellent levels of dodgeball ability and all schools played with respect to make it an outstanding tournament.

The stand out team performance came from St Josephs who won all four games to be crowned the 2023 Dodgeball Champions.

Well done to all the pupils who took part!



Amy's Outstanding Achievement

Amy Starkey, in Year 11, is a dedicated athlete who competes for East Cheshire Harriers.

Last weekend, she competed in the Manchester Indoor Open Competition and put in an outstanding performance to achieve 3 personal bests.

Her best performance came in the 60-metre sprint where she got a time of 8.8 seconds to come in 1st place. She also broke a new club record to become the first female to throw over 10m.

Next weekend, she will be competing in Gateshead in the Pentathlon where she is hoping to achieve another P.B. Good luck Amy!

POWER OF LANGUAGE



Novels In Verse

A great way to discover a love of poetry is through a novel in verse. These stories are written in poetry and short verse rather than in standard paragraphs and sentences. They still tell a full story in an exciting, captivating format, one of



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the many reasons why they are popular with students. They can be of great help to reluctant or struggling readers who may find traditional books with denser pages and longer texts intimidating or those with shorter attention spans. A novel in verse can be read quickly, but every word and pause is carefully chosen to make the greatest impact. They rely heavily on dialogue, emotion and many of the books contain challenging themes and themes of identity, loss, love, sexuality, heartbreak, illness, changing friendships, of which are particularly relevant to students establishing their own identities.

While novels in verse do not contain any lower-level vocabulary, their unique structure and style, when it comes to filling up the page, makes them more approachable, another reason for their popularity. Poetry can be great to broaden reading horizons, as well as truly engaging for reluctant readers, so for those readers wanting to dip their toe in poetry then novels in verse are a great place to start.

Promoting poetry in celebration of World Poetry day 21st March 2023 and reading for pleasure, Power of Language Strategy.

This week the librarian recommends the following:



A Change Is Gonna Come

From the tale of a dystopian prison camp in Brighton to a Harry Potter fan trying to keep her compulsions a secret; from an historical circus member finding their place to friends growing apart and a grief-stricken young person discovering their heritage, A Change Is Gonna Come is a must-have anthology full of gripping entries.

Featuring poems and stories from 12 black, Asian and minority ethnic authors – including four previously unpublished writers – this absorbing book offers refreshing perspectives and thought-provoking questions about the meaning of change that will hit home with everyone.

One thing's for sure – it's never boring. Try to pace yourself and read just one of the stories, and you'll soon discover you've accidentally raced through the entire selection.



Orangeboy

Not cool enough, not clever enough, not street enough for anyone to notice me.

I was the kid people looked straight through. Not anymore. Not since Mr Orange.

Sixteen-year-old Marlon has made his mum a promise - he'll never follow his big brother, Andre, down the wrong path. So far, it's been easy, but when a date ends in tragedy, Marlon finds himself hunted. They're after the mysterious Mr Orange, and they're going to use Marlon to get to him.

Marlon's out of choices - can he become the person he never wanted to be, to protect everyone he loves?

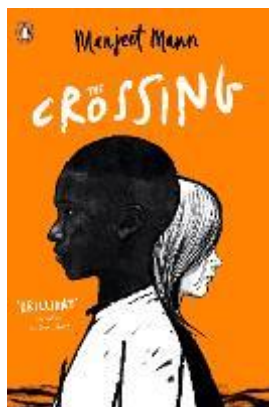
A young man has an impossible choice to make, in this powerful urban story that will challenge preconceptions and melt the hardest heart.





Booked

Like lightning/you strike/fast and free/legs zoom/down field/eyes fixed/on the checked ball/on the goal/ten yards to go/can't nobody stop you/can't nobody cop you... Twelve-year-old Nick is a football-mad boy who absolutely hates books. In this follow-up to the Newbery-winning novel *The Crossover*, football, family, love, and friendship take centre stage as Nick tries to figure out how to navigate his parents' break-up, stand up to bullies, and impress the girl of his dreams. These challenges - which seem even harder than scoring a tie-breaking, game-winning goal - change his life, as well as his best friend's. This energetic novel-in-verse by the poet Kwame Alexander captures all the thrills and setbacks, the action and emotion of a World Cup match.



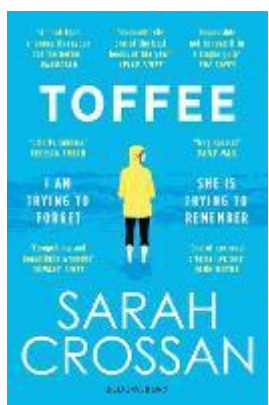
Crossing

A trailblazing new novel about two teenagers from opposite worlds; *The Crossing* is a profound story of hope, grief, and the very real tragedies of the refugee crisis.

Natalie's world is falling apart. She's just lost her mum and her brother marches the streets of Dover full of hate and anger. Swimming is her only refuge.

Sammy has fled his home and family in Eritrea for the chance of a new life in Europe. Every step he takes on his journey is a step into an unknown and unwelcoming future.

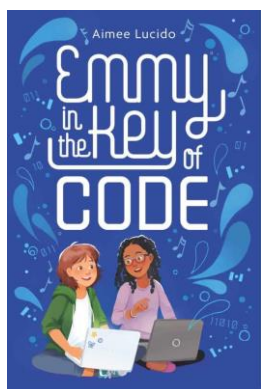
A twist of fate brings them together and gives them both hope. But is hope enough to mend a broken world?



Toffee

When Allison runs away from home she doesn't expect to be taken in by Marla, an elderly woman with dementia, who mistakes her for an old friend called Toffee.

Allison is used to hiding who she really is, and trying to be what other people want her to be. And so, Toffee is who she becomes. But as her bond with Marla grows, Allison begins to ask herself -where is home? What is a family? And most importantly, who am I, really?



Emmy In The Key Of Code

Emmy's world, music is everything. The daughter of two musicians, she's grown up surrounded by song. She walks to the beat of music in her head and turns to familiar songs when she's anxious. But despite all this, Emmy is not musical. At all.

Now she's in a new city and starting a new school, trying to figure out who she is and where she belongs. Everyone here looks like they stepped off the front cover of a glossy magazine and Emmy feels completely out of place. But when she joins a computer coding class, she meets inspiring teacher Ms Delaney, fellow coder Abigail, and is surprised to discover a real affinity for programming. Except Abigail and Ms Delaney are both keeping secrets. Why are they hiding, and what can Emmy do?

This verse novel brilliantly combines poetry, music and coding with a coming-of-age story and a celebration of girls in STEM. Even as Emmy, Abigail and those around them juggle friendships and struggle to find their place, they



ultimately empower each other to stand up and conquer their fears. Whether you're a coder or not, a musician or not, this book will surely make your heart sing.

Today a reader tomorrow a leader.

DATES FOR YOUR DIARY

(Please see our website for further details)

Monday 27 th March	Year 8 T2 Assessments begin
Tuesday 28 th March	Dance Show
Thursday 30 th March	Year 7 Parents Evening
Friday 31 st March	School closes for Easter Break at 1:15pm
Monday 17 th April	School Reopens for Summer Term

IMPORTANT INFORMATION FOR YEAR 11

EXAMINATION COUNTDOWN



Easter Revision sessions for year 11

This Easter we will be providing a range of revision sessions for our year 11 students.

Invites will go out to each student stating which sessions they need to attend.

Teachers have been carefully marking and moderating the recent PPE papers and we will be inviting those students who need some further support in the lead up to their final exams which will begin 4 weeks after we return from the Easter break.



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Date	Session	Subject	Staff
Mon 3rd April	9.00am - 11.00am	Maths	LHD, LH, MF, RL, CBY, SBR
	11.15am - 1.15pm	Geography	RHO
Tues 4th April	9.00am - 11.00am	History or PE	BKI PE VDo JM
	11.15am - 1.15pm	History	BKI
Wed 5th April	9.00am - 11.00am	Religion and Worldviews	RHA
	11.15am - 1.15pm	Religion and Worldviews	RHA
Thurs 6th April	9.00am - 11.00am	Art	RHD
	11.15am - 1.15pm	Art	RHD
	9.00am- 3.00pm	CIM	HM
Tues 11th April	9.00am - 11.00am	Media Studies and Food	MO, HD
	11.15am - 1.15pm	English	EU, MOD, MO, SB
Wed 12th April	9.00am - 11.00am	Spanish	JS, SD, VC, AM
	11.15am - 1.15pm	Spanish	JS, SD, VC, AM
Thurs 13th April	9.00am - 11.00am	Science	SWA, EM, LT, HS
	11.15am - 1.15pm	Science	LT

WHY USE GCSEPOD?

What is it?

- One website, 3 apps and over 6000 Pods.
- Content produced specifically for mobile devices, tablets and PCs.
- Designed to squeeze exactly the right knowledge needed for exam success into short 3-5 minute chunks.
- Helps with learning, homework and revision.
- For years 10 and 11 only.

It will help your child get organised. Your child can create personal playlists to listen to in the run-up to an exam, to help with homework or on the go to help consolidate learning. The viewing history feature enables your child to return to Pods they found useful. There's also a 'Favourites' playlist, which enables them to easily return to Pods on areas they may be finding difficult. Premade exam specific playlists, available in the 'My Courses' area are neatly organised meaning your child can manage revision quickly and easily whilst prioritising their time.

Beating exam stress

If you wish to access guidance to help your child beat exam stress you may find this link useful :

<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/>

SUPPORT YOUR CHILD ON THE PATH TO SUCCESS



Your child's school has invested in the award winning resource, GCSEPod, to help your child reach their goals!

Join the thousands of parents/carers encouraging their children to use GCSEPod to support learning, homework and revision.

- ▶ Proven to increase results
- ▶ 28+ exam mapped subjects
- ▶ Available online and offline
- ▶ Audio visual content
- ▶ Builds confidence
- ▶ Independently accessible assessments

Want to find out how you can support your child more with GCSEPod? Then join one of our free webinars by registering here: <https://www.gcsepod.com/podup-presents-webinars/>

"The correlation between success and failure was made almost 100% clear by the use of GCSEPod."

Head of MFL
at Yateley School

"I found GCSEPod especially useful to compliment my knowledge and I'm certain it helped me secure the grades that I have been so happy to receive."

Student

"My daughter used GCSEPod for her GCSEs and was very successful with her results, she absolutely loved your Pods and this style of revising."

Parent

Student Activation

Please follow these instructions if your child has not yet activated their GCSEPod account

1. Go to GCSEPod.com and click 'LOG IN'
2. Click 'New to GCSEPod? Get Started'
3. Enter your child's details and confirm the name of the school they attend
2. Create a username and password

For more information please visit
www.gcsepod.com/parents



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Your post-16 options

If you currently have a child in year 11, you may find this website useful for discussing options going forward:

<https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16>

LIFE SKILLS AND CAREERS AT MOSSLEY HOLLINS

Life Skills in form Time

Please note, year 11 will no longer undertake Life Skills in form time in order to focus on essential revision sessions in this time.

Redgrave (year 7)	Faraday (year 8)	Bronte (year 9)	Nightingale (year 10)
Tuesday	Friday	Thursday	Friday

The timetable below shows the theme for Spring Term 2 and the topic for the first week:

Year Group	Theme	Week 5
Year 7	Healthy Bodies	Work Life Balance
Year 8	Careers	A Career in Digital & Creative Industries
Year 9	Qualifications and career routes	Apprenticeships
Year 10	Mental Health	Coping with Anxiety & Stress

Please note, year 11 no longer undertake Life Skills in form time in order to focus on essential revision sessions in this time.

If you would like to talk to your child about future careers, you may find this website valuable:

<https://www.bbc.co.uk/bitesize/careers>

If you would like to talk to your child about mental wellbeing, you may find this website valuable:

https://www.bbc.co.uk/bitesize/articles/zy3yf82?utm_source=google&utm_medium=cpc&utm_campaign=mental-health

Future Life Skills Days

Future Life Skills Days

Due to the unexpected partial school closure on Friday 10th March, the year 9 Life Skills Day has been postponed. We will notify you of the rearranged date at the earliest possible convenience.

On this day, year 9 pupils will participate in a Life Skills Day that will include the following sessions:

1. First Aid- Basic Life Support
2. Gang Awareness: Pressure, exit-strategies and support
3. Knife Crime Awareness
4. Looking Ahead- Potential Future Careers



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5. Safe Sexual Relationships

On that day, year 9 will remain in their normal year 9 classes and rooms for that day with their usual class teacher.

Tuesday 18th April 2023- Year 8 Life Skills Day – this will include the following sessions:

- Period 1: Consent
- Period 2: Alcohol and Risky Behaviour
- Period 3: Assembly (as normal)
- Period 4: Citizenship – Parliament and Monarchy
- Period 5: Peer on Peer Abuse
- Period 6: Medication and Health – Antibiotics

Though pupils will remain in their normal scheduled classes there may be some changes to the staff teaching the session.

If you have any queries regarding our Life Skills curriculum or our Pastoral Programme please contact Ms M O'Donnell at m.o'donnell@mossleyhollins.com

Year 10: Futures Week

Later this year, all year ten students will take part in Futures Week. As part of the week, students will get to...

- ... visit Tameside or Clarendon Sixth Form College
- ... visit Ashton Sixth Form College
- ... visit a local university
- ... participate in Careers events in school, including a mock interview.

On **Thursday 6th July 2023** students will visit either Tameside College or Clarendon Sixth Form College. To ensure the day is your relevant to your child, students have been asked to make choices as to the sessions they will do on the days.

Next half-term, we will write to you to provide more details about the visits.

Careers Education: Online Careers Service for Your Child

<https://gmacs.co.uk/schools>

The Greater Manchester Apprenticeship and Careers Service works alongside Xello to provide a trusted and balanced source of careers information in one place.

Xello will provide interactive assessments to help students understand their strengths, skills, and unique interests and give access to hundreds of career profiles.

To access Xello, students need to go to the [GMACS website](#), click on the careers plan tab and then log-in using their school email address as username, and date of birth (ie ddmmYYYY) as password.

Other useful websites

National Careers Service

<https://nationalcareersservice.direct.gov.uk>

Students can explore, research and develop their career ideas linking subjects to possible careers.

UCAS

www.ucas.com

For early research into entrance requirements for university.

Apprenticeships

www.apprenticeships.org.uk



**Saving lives,
Improving lives**

NHS
Northern Care Alliance
NHS Foundation Trust

SUMMER 60 VOLUNTEERING PROGRAMME

Do you have spare time this summer to support your local NHS hospital?

We are offering students an opportunity to take part in our Summer 60 Volunteering Programme.

To take part we require a minimum of 60 hours volunteering during the summer months

Volunteers will be supported to take part in either our responder role or ward support role.



**Scan the QR code for more information
or use the link [//btr.im/wfx6r](https://btr.im/wfx6r)**





UPDATED TERM DATES 2022-23

In light of the announcement of His Majesty's coronation on Saturday 6 May 2023, an additional bank holiday has been announced on Monday 8 May. School will therefore be closed on this day.

The HPV 2 Vaccinations which were scheduled for this date will be rearranged. The new date for these will be communicated when they have been confirmed.

OUR REMINDERS AND MESSAGES

Parking After Year 7 Electives

In recent weeks, an increasing number of parents are parking and waiting to collect their child in the visitor's car park. We have had several near misses as vehicles turning around have come close to students walking through the car park. If you wish to collect your child at the end of the electives please wait near to the third-floor exit, do not come through the gate into the visitor's car park. Thank you for your co-operation.

Behaviour and Conduct in the Community

The overwhelming majority of our students are excellent ambassadors for our school when in the community and we receive many more compliments about their conduct than complaints, which are rare. However, we want to make it clear that we always challenge and sanction any negative behaviour from our students in the community, that does not meet our high standards.

Chewing Gum

We would like to make it clear to all parents/carers and students that chewing gum is a banned item at Mossley Hollins High School. Any student found to be chewing gum in the building will serve Removal for a day. There are a number of reasons behind this, including the mess that it leaves behind, the difficulty of removing it from our carpets, chairs, desks and tarmac outside and more importantly, the distraction to learning and the negative impact it can have in the classroom. After feedback from our student council and teaching staff, we did adapt our behaviour policy and made the decision to reduce the sanction for chewing gum at Mossley Hollins High School from a fixed term exclusion to



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Removal from lessons and social time for a day. We have the highest of expectations of students at Mossley Hollins High School and as always we really appreciate the support from parents and carers with this matter.

Mobile Phone Policy

Our mobile phone policy, which has been in place for many years, is generally very well complied with and we are grateful for the support of parents/carers and students. The school is a sociable place during break and lunchtime as a result of this policy, which requires that mobile phones/devices are not seen, heard or used during the school day or on the school premises. We have had a couple of instances recently where students have used phones during the school day, including to call parents. Where it comes to our attention that a student has used a phone, we will take action as this is a breach of our rules. This does include calls made to parents; if a need for a student to call a parent arises during the day they should speak to their head of year or the office staff who will make arrangements for this to happen, where appropriate, through the school office.

NATIONAL ONLINE SAFETY

E-Safety: Protect yourself on the Internet: remember the GOLDen rules.

Ground rules

1. Keep information private – think, would I tell this to a stranger?
2. Agree rules about meeting online 'friends' in real life
3. If it's not acceptable in real life it shouldn't be acceptable online

Online safety

1. Use anti-virus and monitoring systems
2. Know where to get advice – see below
3. Activate security and privacy settings

Location

1. Internet access should be in a family room, rather than a bedroom
2. Know that Internet access can be gained by the use of other devices; such as gaming consoles, mobile phones or the neighbour's wireless

Dialogue

1. Talk to your parents about your internet use
2. Talk to your parents if you have a problem or feel uncomfortable



Ten top tips for STRONGER PASSWORDS

Passwords continue to be the most common way to prove our identity online. A combination of a username and a password known only to the user provides access to our online accounts and data – and hopefully keeps unauthorised individuals out. As a security measure, though, passwords are relatively weak. People are often predictable in how we choose our passwords, for example – making them less secure. With increasing volumes of usernames and passwords being leaked online, what can we do to keep our data more secure? Here are our top tips for stronger passwords.

BE UNPREDICTABLE

We often choose passwords which are easy to remember: featuring the name of our favourite sports team or favourite film, for instance. These are predictable passwords. Cyber criminals will routinely try various combinations of passwords relating to sports teams, actors, musical artists and the like – and they often focus on these during major sporting events or around high-profile movie releases.

AVOID GETTING PERSONAL

Many of us use passwords relating to our family, such as children's names or favoured holiday destinations. The problem here is that we also typically post about our holidays and our family on social media – making that information potentially visible to cyber criminals and supplying them with clues which could help them in narrowing down possible passwords we might have set.

NEW PLATFORM, NEW PASSWORD

Where cyber criminals gain access to an online service through a data breach, they often use the data they've stolen to try and access the victim's other accounts. This is because the criminals know that, for convenience, people often use the same password across different services. When we reuse passwords, our security is only as strong as the weakest site where we've used it.

LONGER IS STRONGER

Our passwords are often stored by online services in an encrypted format. In case the service suffers a data breach, the strength of this encryption, however, is dependent on the length of the password you've selected. If your password is only a short one, cyber criminals are significantly more likely to be able to break the encryption and identify your password.

CHECK SOCIAL MEDIA VISIBILITY

Staying up to date with friends and relatives on social media is part of everyday life now. We need to ensure, though, that we limit who can see our posts via each platform's privacy settings. It's also wise to consider what we're posting and if it's really safe to share online. If we restrict what cyber criminals can see, we reduce the chance of them using that information to identify our passwords.

Meet Our Expert

A Certified Information Systems Security Professional (CISPP), Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that we become more aware of the risks around technology, as well as the benefits.



Source: <https://www.ncsc.gov.uk/>

CCTV
IN OPERATION

'DOUBLE LOCK' YOUR DATA

It's possible that cyber criminals may eventually discover your username and password. Enabling multi-factor authentication (MFA) on your accounts, however, reduces the chance of them obtaining access to your data, as they'd also require a code which is provided via an app, SMS message or email. MFA isn't infallible, but it does definitely provide extra protection and security.

DELETE UNUSED ACCOUNTS

Data breaches occur when cyber criminals gain access to an online service and all the data contained within it – including usernames and passwords. Whenever you stop using a service, it's wise to make sure that you delete your entire account and not just the actual app. If the service no longer has your data, there's zero risk of it being leaked should they suffer a data breach in the future.

TRY PASSWORD MANAGERS

Even though most of us have numerous online accounts to manage these days, it's advantageous to avoid password re-use. Specialist password management software (like Dashlane or OnePassword, among others) can help by storing a different password for every online service that you have an account with: the only one you or child will need to remember is the single master password.

GET CREATIVE

The British government's National Cyber Security Centre (NCSC) recommends the 'three random words' technique. This method helps you create a password which is unique, complex and long – yet which is memorable enough to stay in your mind ('FourBluesShoes', for example). The NCSC website, incidentally, also offers plenty of other useful information relating to personal cyber security.

STAY VIGILANT

The best way to protect your accounts and your data is to be vigilant and careful. If you receive an email or text message that's unusual or unexpected, treat it as suspicious until you're able to verify whether it's genuine and safe. Starting from a position of vigilance and caution will reduce the likelihood of you or your child being tricked by a malicious email, text or phone call.



National
Online
Safety®

#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

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MENTAL HEALTH AND WELLBEING

Mental Health and Wellbeing

The safety and wellbeing of our students is our highest priority. We offer a number of support streams for our students to reach out to if they ever feel anxious, overwhelmed, stressed, worried or lonely. All the details of our Mental Health and Wellbeing support streams can be found under the student tab of our website:

www.mossleyhollins.com/students/mental-health-and-well-being/

Self Harm

 Self-Harm Network <https://www.nshn.co.uk/>

SHARE
Self-Harm Awareness & Recovery - Support group in Manchester
Tel: 0161 226 5412 / 07876 166 625

Papyrus
National suicide prevention charity. Tel: 0800 068 41 41

Drugs and alcohol

 Tobacco <https://www.nhs.uk/smokefree>

 Young Minds: <https://youngminds.org.uk/find-help/looking-after-yourself/drugs-and-alcohol/>

 My Recovery Tameside:
<https://www.changegrowlive.org/my-recovery-tameside>
You can also phone or email: 0161 672 9420 or email tameside.referrals@cgl.org.uk

Or if you live in Manchester: 0161 839 2054 from 09:00 - 17:00 on weekdays or email ecypsemanchester@cgl.org.uk

 Talk to Frank: <https://www.talktofrank.com/>
0300 1236600

General
Concerns in or out of school? Use the the Confide reporting tool to report any concerns.

Childline - general support for young people.
Call 0800 1111 or visit <https://www.childline.org.uk/>



 Think you know: <https://www.thinkuknow.co.uk/>

Mental Health and Well-being

Off the Record: Suitable for children and young people aged 10-25 in Tameside who are experiencing mental health difficulties such as anxiety, worry, low mood, bereavement, bullying and stress etc. www.otr-tameside.org 0161 355 3553

 Samaritans
www.samaritans.org
Freephone: 116 123
Text message: 07726 90 90 90

Eating Disorders B-eat - Eating Disorder Charity
www.b-eat.co.uk
Tel: 0845 634 141



 Mind: Suitable for young people aged 8-18 years struggling with different issues such as anxiety, worry, low mood, stress, bullying etc.

Sexual Health and Well-being

YOUthink are a specialist team for sexual health intervention and prevention, which focus on improving young people's sexual health. The team is made up of youth workers who offer FREE one to one individual support to young people aged under 25 to access local contraception and sexual health services. The service also offers a variety of services including: pregnancy testing, condom distribution, advice and support.

The Service is confidential and designed to keep young people SAFE and not judge.

To contact YOUthink about any sexual health issue, or ask a question about services, Monday to Friday 9.30am to 4.30pm:
Tel: 0161 342 5600 or 0161 342 5671 or 0161 342 5672 and ask to speak to someone from the YOUthink team.

 Or visit 31 Young People's Centre, Clarence Arcade, Ashton-under-Lyne, OL6 7PT. LGBT Foundation is a national charity delivering a wide range of services to lesbian, gay and bisexual and trans (LGBT) communities.
<https://lgbt.foundation/AdviceSupport&Information>
0345 3 30 30 30

SEXWISE - online honest advice about contraception, pregnancy, STIs and pleasure.
<https://www.sexwise.fpa.org.uk/>



Sexual Assault:
<https://www.sexwise.fpa.org.uk/where-to-get-help/sexual-assault-services>

Domestic Abuse

 Refuge <https://www.nationaldahelpline.org.uk/>
0808 2000 247

CONTACTING SCHOOL

Ensure notifications are on for School Gateway app

As a school we are looking at ways to reduce costs, one area highlighted is the amount we are spending on text messages.

Even if you have the School Gateway app you must ensure that you are logged in all the time and have push notifications manually turned on for this app within your phone settings. Every device will have other settings that can affect push notifications (for example, battery optimisation, which prevents some devices from receiving push notifications when the battery is below a certain percentage).

Please also ensure that you are running on the latest version of the app, which can be confirmed in the Play Store or App Store. If you are still not receiving notifications and have followed the guidance below, you would need to refer to the help guide for your specific device and/or contact your device manufacturer:

If both parents\carers are registered on Gateway please ensure that each registered user is using the School Gateway app.

Guidance for switching on notifications:

Apple

Huawei



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1. On your phone, go to settings
2. In here, scroll down to the 'Notification Centre'
3. Select School Gateway
4. In here, ensure that under the heading 'Notification Centre' is switched on
5. Close the screen; you will now receive notifications when new app messages come through



Android

1. On your phone go to Settings > Applications Manager
2. Scroll down the list of apps until you find School Gateway and select it
3. In here there will be a tick box that says 'Show Notifications'. Ensure this is selected
4. Close the screen; you will now receive notifications when new app messages come through.



1. Tap the Apps icon on your home screen
2. Tap settings
3. Tap Apps or App Manager
4. Scroll down and tap School Gateway
5. Tap Notifications
6. Confirm 'Block all' is toggled OFF (Samsung / other devices - toggle 'Allow Notifications' ON)
7. Restart your device



Samsung

1. On your phone got to Settings > Notifications and Status Bar > Notifications Centre
2. Scroll down your list of apps until you find 'School Gateway' and select it
3. Activate 'allow notifications' and also 'priority display'
4. Restart your device
5. You will now receive notifications when new app messages come through.

SAMSUNG

Making contact with your child's Head of Year (Progress)

Please ensure that you use the new email address listed below to make contact with your child's Head of Year (Progress) for any questions or concerns you may have. The relevant Head of Year will ensure that you receive an acknowledgement or reply within 48 hours. Unless a phone call is urgent or is in relation to a serious safeguarding concern, parents/carers will be directed to email the relevant Head of Year on the new email addresses below:

Classof2023@mossleyhollins.com – Year 11 – Mr Beaumont

Classof2024@mossleyhollins.com – Year 10 – Mrs Burns and Mr Howarth

Classof2025@mossleyhollins.com – Year 9 – Miss Fogg

Classof2026@mossleyhollins.com – Year 8 – Mr Hayward

Classof2027@mossleyhollins.com – Year 7 – Mrs Allwood-Smith

If you phone or write to a member of our staff and you do not get an acknowledgement or reply within 48 hours, we ask that you contact the Headteacher's PA, directly, letting them know who you contacted and what your concern or question was, the Headteachers PA will ensure you get a reply within the next 24 hours. Please write by email to heads.pa@mossleyhollins.com giving details of which member of staff you have contacted and what your question, concern or request is.

This facility can only be used if you have first followed the correct channels and not received an acknowledgement and reply by the end of 2 working days. The Headteacher's PA will not be able to help before that stage.

OUR VACANCIES AND TRAIN TO TEACH OFFER

Train to Teach

Train to Teach with us here at **The Tame River Teaching & Curriculum Institute** through School Direct in partnership with **everyonelearning@ Hawthorns Kingfisher**.



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We are currently recruiting for **Biology, Chemistry, Physics, English, Geography, History, Maths, PE with Ebacc, Art, RE, Design & technology, Computer Science and MFL**. We lead and host training and placements in strong schools at secondary and primary level. Bursaries may be available.

For more details, please contact eduggan@tret.org.uk or look at the **Train to Teach** Section of the Trust Website:
www.tret.org.uk



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