**CB5 Revision Mat**

Cardiovascular disease

What is cardiovascular disease?

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What lifestyle choices increase your risk of cardiovascular disease?

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How do you calculate BMI?

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What does your BMI have to be over if you are classed as obese?

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How does smoking cause disease?

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Explain how stents and bypasses treat CVD

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Non-communicable diseases

Give a reason why drinking too much alcohol is a problem for the society the person lives in

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Health and Disease

What is the WHO definition of health?

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Define disease

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What are diseases caused by?

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Explain the difference between communicable and non-communicable diseases

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Give an example of a communicable disease

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Give an example of a non-communicable disease

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Suggest why someone with HIV, a disease that attacks the immune system is more likely to get other communicable diseases

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Non-communicable diseases

What causes non-communicable diseases:

1. ……………………………………………………………
2. ……………………………………………………………

What is malnutrition?

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Suggest how you would treat scurvy

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What disease is caused by drinking too much alcohol?

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Explain why liver disease is a non-communicable disease

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Pathogens

What types of organisms cause diseases:

1.
2.
3.

|  |  |  |
| --- | --- | --- |
| **Disease** | **Pathogen that causes disease** | **Symptoms** |
| Tuberculosis |  |  |
| Cholera |  |  |
| HIV |  |  |
| Chalera dieback |  |  |
| Malaria |  |  |

Explain why the above diseases are examples of communicable diseases

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