



**Whom to contact in the temporary absence of our Headteacher, Mr Marshall:  
UPDATE**

The Chair of Governors, Mr Denton, has asked me to update our staff, families and partners on the following key information.

As I write, Mr Marshall, our Headteacher, remains unwell. It is **not** Covid-19 related. In such a circumstance it is important that students, staff, parents and partners are updated on which leaders are temporarily taking on which responsibilities and duties in that absence. There is always a plan in place for such an eventuality in any school.

During this absence, **Mrs Din**, currently our First Deputy, will take on the temporary role of **Acting Headteacher and will be leading the school**. Ms Riddy, currently our second deputy, will take on some of these duties and responsibilities in support of the school and Mrs Din as **Acting First Deputy**. I will take on many of the more strategic duties currently undertaken by the Headteacher, in support of Mrs Din and Ms Riddy. Mr Wilson, currently our Senior Assistant Headteacher, will take on the temporary role as **Acting Second Deputy** and will lead on the following: senior attendance; safeguarding; child protection; behaviour and pastoral duties normally done by Mrs Din. I will be able to report on **one other temporary position** after the holiday, which is subject to internal interview in the first week back.

I have tried to show this in the following simple table.

<b><u>MRS DIN</u></b>	Acting Headteacher	Temporary leadership of the school, including Governance, SLT, Finance, Attendance.
<b><u>MS RIDDY</u></b>	Acting First Deputy	HR, Curriculum, Raising Achievement Group in addition to current duties.
<b><u>MR DUNCAN</u></b>	Executive Headteacher	MHHS work with our partner schools in preparation for consultation on the Trust, MHHS Primary Partnership duties, Tameside Secondary Heads, Executive support to Mrs Din and Ms Riddy in their temporary new roles, in addition to current duties.
<b><u>MR WILSON</u></b>	Acting Second Deputy	Senior member of staff on behaviour, discipline, attendance, student leadership, safeguarding, child protection & Senior Leadership of the SENDCO

Other senior staff and middle leaders (both teaching and support staff) will be supporting the work of the aforementioned people to enable them to undertake their temporary duties highly effectively, but I have not shown this in the above table.

I would like to thank all students and parents for their understanding and all staff mentioned in this summary, and other supporting staff, for this additional leadership and duty for the students and the school at this time. It is greatly appreciated.

Please do not hesitate to contact me at the school if you require further information. Like me, I am sure you will wish to send your very best wishes to Mr Marshall for his recovery. The school is in perfectly safe and experienced hands, in the meantime.

May I wish our whole school community a very good holiday, a merry Christmas and a happy new year?

Drew Duncan  
Executive Headteacher  
Mossley Hollins High School and Droylsden Academy.

## Message from Mrs Din

As we reach the end of an incredibly busy autumn term, I would like to take this opportunity to thank you for your continued support for the work we do here at Mossley Hollins. Our students have responded very well to the additional control measures we have put in place to keep us all safe during this pandemic.

I do hope that our families have a safe and pleasant Christmas break and look forward to our return to school in January.

Please see end of term letter from Mrs Din [here](#).

**UPDATE-** We have just been informed, late this afternoon, about the government announcement on national news about student testing and a staggered start for students. We will send an update tomorrow but this will have a material effect on the first week back and some of the things we had planned to do. As soon as we have the finer details of what is expected from schools we will write to let you know.

## Christmas 2020

### School Band Christmas Performances

Don't forget to view our festive performances which can be found below.

School Band Virtual Carol Concert- Click [here](#)

[Virtual MCSP Christmas Musical Event](#)

## A Christmas Message from our Head Student Team

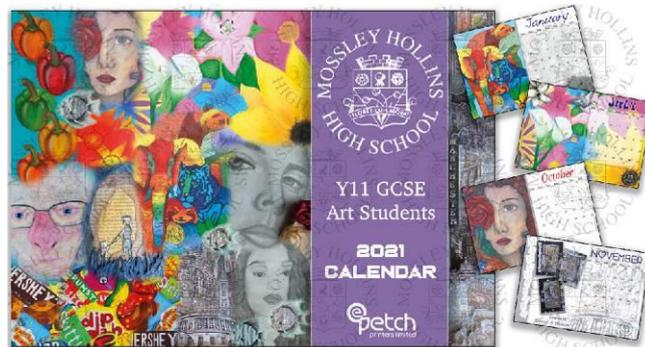
As the festive period has come upon us, it is easy to forget the struggles that people face at this time of year. Being in lockdown for almost nine months has made situations much worse for people, causing them increased stress, very little to live on, and feeling increasingly isolated and lonely. In this current climate, it is an important at this time of year that we consider other in our community, as now more than ever we all need each other. It is nice to help others so they can feel less stressed and enjoy the festive period a lot better. There are many charitable organisations in place that make it a lot easier to offer donations, such as food banks, present boxes, free entertainment and soup kitchens etc. This is highly valued by the many people in need.

So this Christmas be kind, happy and spread festive cheer. Ethan Lord (Year 11)

## 2021 Calendar

Our Class of 2020 produced some beautiful artwork during their time with us and it was too good not to be celebrated, so we have created a 2021 calendar and we would like to give you the opportunity to purchase one (or more).

If you would like to purchase any (for £2 each), please let us know by sending an email to [d.webster@mossleyhollins.com](mailto:d.webster@mossleyhollins.com) and we will make all of the arrangements.



## Decoration Sale Success

**THANK YOU!**

A huge thank you to everyone who got involved in this year's Year 9 Technology and Business charity decoration sale, to raise money for the Mossley Foodbank. From the designers of the decorations and posters, to the promotion team, makers, sellers and buyers, as without you all we could not have raised our amazing figure of £146.70. As you can see from the photograph below, we have converted the

donated money into Food donations, which will be delivered this week in time for Christmas. In addition, whilst at the till, a supermarket shopper donated £10 after hearing us speaking of the Foodbank and the fundraising we had done. Thank you again for your support and donations.



## Winter Covid Grant

You may be aware that local authorities have been provided with a grant to provide supermarket vouchers for all families in receipt of free school meals over the Christmas Break. In addition to this, Tameside have also made available additional vouchers for families who do not qualify for free school meals but who may also be experiencing some difficulties during this winter period due to the effects of the Covid pandemic. Schools have been asked to issue these additional vouchers to support families with food, fuel and other essentials.

Supermarket voucher codes have now been sent to families and we hope that they will help make Christmas a little bit easier for them.



## Tameside Police Notice: THC Vape Warning

PC Sarah Marsden, Safer school partnership officer, has asked that we bring this to all parents and carers attention as a matter of urgency. There have been a number of recent cases of the THC vape being used/found in Tameside schools and it is also becoming a major issue in the wider community. Unfortunately, this has resulted in young people being seriously ill.

The information, which can be found [here](#), helps explain the effects of this drug and also gives some first aid advice on what to do if a young person becomes unwell and you suspect the THC vape has been used.

## Department for Education Exam Plan for 2021

This week the Department for Education (DfE) released details of the extra measures it intends to put in place to support students ahead of next summer's examinations. The summary of these plans are as follows:-

Building on the three-week delay to exams to free up extra teaching time announced in October, the new measures include:

- more generous grading than usual, in line with national outcomes from 2020, so students this year are not disadvantaged;
- students receiving advance notice of some topic areas covered in GCSE, AS and A levels to focus revision;
- exam aids - like formula sheets - provided in some exams giving students more confidence and reducing the amount of information they need to memorise;
- additional exams to give students a second chance to sit a paper if the main exams or assessments are missed due to illness or self-isolation; and
- a new expert group to look at differential learning and monitor the variation in the impact of the pandemic on students across the country.

As yet, we do not have the detail of how this will relate to specific subjects but have been promised this in the new year. Our teachers will be studying these plans carefully and adapting how they prepare our students for the exams accordingly. We will bring you further information as it becomes available.

## Mental Health Support

When children and young people need help, we want them to find it easily, for it to meet their needs, be delivered by people who care and for services to listen to their views. Over the Christmas period, some young people may struggle and find it a really difficult time of year. Please see information from Kooth attached to the Newsflash to support students and young people at this difficult time. Kooth is an online counselling and emotional well-being platform for children and young people aged 11 to 18 years.

In addition, the following link can also guide parents to think about where to go for further support for their child:  
<https://www.tameside.gov.uk/mentalhealth/children>



## Kooth.com Ages 11-18

### Online support for young people

We would like to remind you of the availability of our online service to support the **wellbeing** and **resilience** of your students.

Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message our team and get support by the next day.

When students register with Kooth they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit [kooth.com](https://www.kooth.com) where young people can register and others can find out more about the service.

kooth



## Life Skills & Form Time

After Christmas, students in years 7 to 10 will all explore the concept of relationships during their Life Skills form time session. Year 11 will be given the opportunity to focus on revising for their options subjects during their usual Life Skills slot, until their public examinations.



Please see below the schedule for Life Skills in form time in the week beginning Monday, 4<sup>th</sup> January:

<u>Year group</u>	<u>Theme</u>	<u>Topic during w/c Monday 4<sup>th</sup> January</u>
Year 7	Exploring relationships	<i>Types of relationships</i>
Year 8	Healthy relationships	<i>My values</i>
Year 9	Sexual relationships	<i>Choosing to have sex</i>
Year 10	Managing relationships	<i>Recognising unhealthy behaviours</i>

## Important Information for Parents/Carers of Year 10 Students.

At Mossley Hollins, we are committed to each students' personal development alongside their academic progress to prepare them well for their lives beyond school. As part of our personal development programme, each student participates in a collapsed timetable Life Skills day every year. The Year 10 Life Skills Day will run on Friday 8<sup>th</sup> January 2021 and will focus on key themes surrounding sex and relationships, health education and staying safe online.

Students will need to bring their usual equipment but will not need their exercise books for this day. Students in 10S will be split across other forms for the purposes of this day and must stay in their allocated group at all times. Further information regarding this regrouping will be communicated to students in the first week back. Please see below the schedule of the day:

Form:	10M	10O	10L	10E	10Y
Room:	3.01	3.03	3.04	3.05	3.06
Lesson 1:	First Aid – Basic life saving technique <b>In Arts Theatre</b>	Understanding the impact of pornography and sexual relationships in the media	Sexual Harassment	Dangers of Synthetic Cannabinoids	Committed relationships
Lesson 2:	Committed relationships	First Aid – Basic life saving technique <b>In Arts Theatre</b>	Understanding the impact of pornography and sexual relationships in the media	Sexual Harassment	Dangers of Synthetic Cannabinoids
Lesson 3:	As usual – remain in 3.01	As usual – remain in 3.03	As usual – remain in 3.04	As usual – remain in 3.05	As usual – remain in 3.06

Lesson 4:	Dangers of Synthetic Cannabinoids	Committed relationships	First Aid – Basic life saving technique  <b>In Arts Theatre</b>	Understanding the impact of pornography and sexual relationships in the media	Sexual Harassment
Lesson 5:	Sexual Harassment	Dangers of Synthetic Cannabinoids	Committed relationships  <b>In Arts Theatre</b>	First Aid – Basic life saving technique	Understanding the impact of pornography and sexual relationships in the media
Lesson 6:	Understanding the impact of pornography and sexual relationships in the media	Sexual Harassment	Dangers of Synthetic Cannabinoids	Committed relationships	First Aid – Basic life saving technique  <b>In Arts Theatre</b>

As I am sure you will agree, this day will contribute significantly to students' personal development and will equip them with the knowledge and skills to stay safe and to succeed in life, both now and in the future. For any further information or if you have any questions, please contact Mrs. R Harrison [r.harrison@mossleyhollins.com](mailto:r.harrison@mossleyhollins.com).

## Year 11 Lesson 7

All year 11 students will follow their full timetable from Tuesday, 5th January. The first week back will be week one.

Week One	Subject	Week Two	Subject
<b>Monday</b>	SCIENCE	<b>Monday</b>	SCIENCE
<b>Tuesday</b>	<b>OPTION A</b> Art, Craft and Design DIT Geography History Spanish	<b>Tuesday</b>	<b>OPTION C</b> Business Studies Dance Food & Nutrition Media Studies Music PE Statistics
<b>Wednesday</b>	MATHS	<b>Wednesday</b>	MATHS
<b>Thursday</b>	ENGLISH	<b>Thursday</b>	ENGLISH
<b>Friday</b>	<b>OPTION B</b> Creative IMedia Geography History Health and Social Care Spanish	<b>Friday</b>	<b>OPTION D</b> Computer Science Art Business Studies Drama Design and Technology Food & Nutrition Sport

## Pre-Public Examinations Timetable and BTEC Examinations

Year 11 students will complete their final round of PPEs from Monday, 8<sup>th</sup> February. Please see the timetable copied below. Before the PPEs, there will be examinations for Cambridge National courses, as well as BTECs. These examinations (highlighted in blue) are very important and contribute to our students' final grades in each subject.

Date	Session	Examination	Duration
Monday, 11th January	PM	Creative IMedia	1 hour 15 mins
Tuesday, 2nd February	AM	BTEC Sport	1 hour 30 mins
Thursday, 4th February	AM	BTEC DIT	1 hour 30 mins
Friday, 5th February	PM	Health and Social Care	2 hours
Monday, 8th February	08:45	English Literature Paper Two <i>(Shakespeare and Unseen Poetry)</i>	1 hour 45 mins
	11:15	Further Maths, Paper One	1 hour 45 mins
	13:20	Geography Paper One	1 hour 10 mins
Tuesday, 9th February	08:45	Mathematics Paper Two	1 hour 30 mins
	14:00	Art and Craft	2 hours
	14:00	GCSE PE	1 hour 45 mins
Wednesday, 10th February	08:45	Computer Science, Paper One	1 hour 30 mins
	08:45	Fine Art	2 hours
	08:45	Design and Technology	1 hour 30 mins
	11:15	Statistics, Paper One	1 hour 30 mins
	11:15	Music Theory	1 hour 30 mins
	11:15	Media Studies, Paper One	1 hour 30 mins
	14:00	Business Studies, Paper One	1 hour 45 mins
Thursday, 11th February	09:00	Biology, Paper Two	1 hour 10 mins
	11:00	Spanish (Reading and Writing)	1 hour 45 (F) 2 hour (H)
	14:00	Spanish Listening (Foundation)	35 minutes
Friday, 12th February	11:15	Chemistry, Paper Two	1 hour 10mins
	14:00	Music practical	15 minute appointment
<b>HALF-TERM/ REVISION SESSIONS</b>			
Date	Session	Examination	Duration
Monday, 22nd February	08:45	English Language Paper Two	1 hour 45 mins
	13:20	Geography, Paper Three	1 hour 30 mins
Tuesday, 23rd February	08:45	Mathematics Paper Two	1 hour 30 mins
	14:00	History	2 hours
Wednesday, 24th February	09:00	Food and Nutrition	1 hour 30 mins
	11:15	Statistics, Paper Two	1 hour 30 mins
	11:15	Dance Theory	1 hour 30 mins
	14:00	Further Maths, Paper Two	1 hour 45 mins
	14:00	Business Studies, Paper Two	1 hour 45 mins
Thursday, 25th February	09:00	Physics, Paper Two	1 hour 10 mins
	14:00	Spanish Listening (Higher)	45 minutes
Friday, 26th February	09:00	Computer Science, Paper Two	1 hour 30 mins
	11:15	Mathematics, Paper Three	1 hour 30 mins
	14:00	Music practical	15 minute appointment

## Year 8 Assessment Week in Food & Nutrition

Congratulations to our Year 8 students this week who were fabulous during their 'socially distanced' assessment making delicious mince pies. Here are our students hard at work.

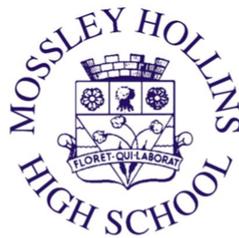


## Virtual Codebreaking Challenge. Available to all students in all years!

Please have a look at the information on the website <https://events.soldierscharity.org/event/operation-bletchley> for information about this exciting challenge launching on 26<sup>th</sup> December. The challenge is designed to encourage your students at Mossley Hollins High School and their families to cover 24 miles on foot in 12 days, breaking 12 codes as they go to decipher a secret final message and complete the mission. With three levels of difficulty to choose from, it is suitable for all ages and abilities.

We have one chance to break the Soviet blockade – do you have what it takes?

## Scientist of the Week



## Scientist of the Week

### Joshua Dawson

Josh has been working hard non-stop all term in his science lessons. Digging deep to understand why dogs can hear dog whistles, how chemical equations are formed and why oxygen is so important for our bodies.

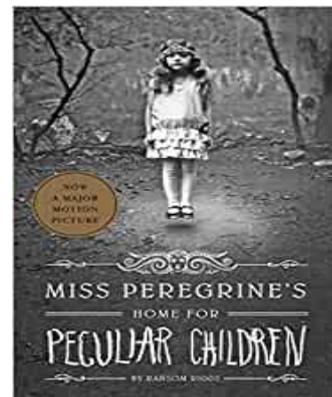
This all culminated in a fantastic series of revision aides enabling Josh to prepare to the best of his ability for his T1 exam.

Miss McLaughlin

## Book of the Week

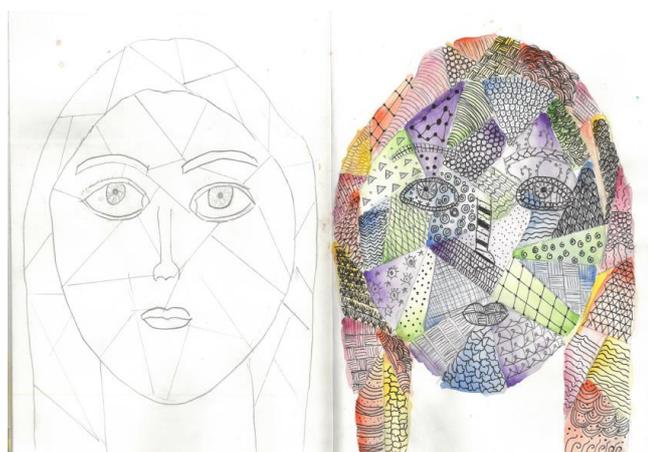
### Miss Peregrine's Home for Peculiar Children by Ransom Riggs

When his beloved grandfather leaves Jake clues to a mystery that spans different worlds and times, he finds a magical place known as Miss Peregrine's School for Peculiar Children. But the mystery and danger deepen as he gets to know the residents and learns about their special powers - and their terrifying enemies. Ultimately, Jake discovers that only his own special peculiarity can save his new friends.



## Excellence in Art

Well done to Year 7 who have this week been completing their self-portrait zentangles.



## GCSEPod

### GCSE POD - Usage Summary

This terms Usage [11767 Pods Watched](#)

Top three Subjects – last week.

These were the three most used subjects during last week.

English Literature   Combined Science   History



### Top Podders



#### Total Streamed

1	Rickielee Burgess	152
2	Freya Brown	140
3	Charlotte Williams	139



## Christmas Fitness Challenge

A full roast turkey Christmas dinner contains about 850 calories. The fitness challenge over the Christmas holiday is to do some of the exercises on the posters below throughout the week to burn off the 850 calories by the end of each week. If you want to make the challenge harder and could do the challenge every three days. The poster says how many calories you burn off on average every hour so if you do the exercise for 30 minutes then halve the calories.



Fitness Facts	
Calories burned per 1 hour	
Exercise	Amount
<b>Running</b>	<b>700</b>
<b>Biking</b>	<b>500</b>
<b>Swimming</b>	<b>600</b>
<b>Walking</b>	<b>250</b>
Circuit Training (minimal rest)	565
Aerobics (step aerobics)	600
<b>Jumping Rope</b>	<b>700</b>

Estimated amount of expended calories based on a sample body weight of 155 lbs.

## Important Information - The NHS recommends that

children aged between 5 and 18 should aim to do 60 minutes of moderate intensity physical activity or exercise a day. It also recommends that they take part in a wide variety of exercises to develop different movement, muscles and bones. For more information, please click [here](#).

## Mossley Hollins - 5K Challenge.

The PE department would like to thank all the members of the Mossley Hollins community who have taken part in the 5k challenge. It was lovely to hear from all the parents and carers who got in touch to let the PE staff know about their son/daughters success with the challenge.

It has also been amazing to see so many pupils coming to see their PE teachers to let them know about their times with a real sense of pride and achievement.

Well done and congratulations to all the pupils and families who have taken part in the 5k challenge over the last few weeks the PE department are very proud of you all. We hope you keep up your running outside of school over the Christmas period.



## Leo Moreland – Outstanding Performance.

All pupils have worked extremely hard over the past few weeks when completing the 1 mile, 2 mile and 5km run in their PE lessons. A number of pupils have improved their fitness levels significantly and a number of pupils have performed exceptionally well to achieve some outstanding times every week.

There has been one stand out performer who week in week out has performed to the next level to win every race and improve his time and distance every single week. Finally finishing off with a superb race where he complete 5 km in 24 minutes. Congratulations to Leo Moreland.



## Santa Dash 2020 – Christmas Jumper Day



This week in PE lessons Year 7, 8 and 9 pupils have been taking part in the Santa Dash. A number of pupils got into the festive spirit by wearing Christmas jumpers, Santa hats, decorations and lights.

Thank you to all the pupils for their participation in the event; it was excellent to see the pupils take part with a smile on their face.



### 12 Days of Christmas Fitness Challenge

Over the Christmas break, we would like to encourage students and family members to take part in the 12 Days of Christmas Fitness Challenge.

Complete each exercise on the poster for either 30 seconds or 60 seconds. If you do 30 seconds each exercise it will take 6 minutes to complete and if you do 60 seconds each exercise it will take 12 minutes to complete.

Each day you do the challenge try to increase the number of reps you do by one or two.

Good luck and enjoy the Christmas break.



### Sport Performer of the term



Year 7 – Ava Hanson and Michael Alcock in Year 7 have performed exceptionally well in PE lessons this term and have always done this with a smile on their face.

Year 8 – Holly Dewsnap and Leo Moreland have performed to the highest level in every PE lesson and have won their races every week with outstanding times.

Year 9 – Megan Hill and Jacob Tohill in Year 9 have demonstrated excellent commitment to improving their fitness levels both in PE lessons and outside of school.

## Dates for your Diary

**Please note: Some events may not go ahead as planned due to the current Covid 19 restrictions.**

**Thursday 17<sup>th</sup> December**- Students Finish for Christmas

**Monday 4<sup>th</sup> January**- INSET day

**Tuesday 5<sup>th</sup> January**- Students return to school

**Friday 9<sup>th</sup> January** – Year 10 Life Skills Day

**Thursday 28<sup>th</sup> January**- Year 9 Parents Evening

**Monday 1<sup>st</sup> February**- Final round of Year 11 PPEs begin

**Friday 12<sup>th</sup> February**- Students finish for half term

**Monday 22<sup>nd</sup> February**- Students return to school

## The 12 Online Safety Tips of Christmas

# FOR CHILDREN WITH NEW DEVICES

Christmas is almost upon us once again, and soon some lucky children will be excitedly tearing the wrapping off a new mobile phone, tablet or games console. For some of them, it will be the first time they've owned a device that connects them to the online world. Even for older children, a new device means new corners of the digital landscape to explore – and, unfortunately, new risks to be aware of.

We've put together our top tips so that you can guide your young ones in enjoying their new digital gifts safely and responsibly throughout the year to come. Merry Christmas!



### 1. ALWAYS SET A PASSWORD

If your child's new device has a password protection feature, use it! It'll help to keep their private information safe and will deny others access to their device without permission. Your children's passwords should be something memorable to them – but something which other people can't guess (it's also a good idea for parents to write it down in case it gets forgotten!).



### 2. SET UP 'PARENTAL CONTROLS'

This really is an essential when your child gets a new device, so they're protected from the outset. Most phones, tablets and consoles allow you to customise their settings to determine which games your child can play, how they can communicate (and who with), what content they can access and so on. It will give you peace of mind that they can't inadvertently do something they shouldn't.



### 3. PAY ATTENTION TO AGE RATINGS

One of the first things children want to do with any new device is play games and explore apps. Before they download anything or install a new console game, check its age rating. Many popular games and apps have content that's not suitable for younger ages. The safest long-term solution is to adjust the device's settings so they can only download and use games and apps appropriate for their age.



### 4. KEEP NUMBERS AND DEVICES PRIVATE

Make sure your child understands that they should never share their phone number with someone they don't know or accept a friend request from them. They should also appreciate that it's a good idea to mainly keep their device out of sight, never lend it to a stranger, and never put it down somewhere that other people could steal it or take it to use without asking.



### 5. HAVE 'THE MONEY CONVERSATION'

Before your children start using their new device in earnest, talk to them about in-app purchases and other ways that money might be spent through their device. Once they understand, you might want to agree on a spending limit and reassure them that they can come to you if they're uncertain, or if they have made a purchase by accident.



### 6. DISCOURAGE DEVICE DEPENDENCY

Of course, children who've just got a new device will naturally want to spend as much time on it as possible. But whether they're zapping bad guys, watching videos or connecting with friends, it's easy for them to get attached very quickly. Gently remind them that having family time, going outdoors and getting some exercise are still fun, too. And the device will be there when they get back.



### 7. EXPLAIN SECURE WIFI NETWORKS

Your home WiFi is protected by a password that only your family knows, whereas public networks (like those found in coffee shops, for example) can be accessed by anyone. It's important that your child grasps this difference because, if they're using a portable device on an unsecured network, then a hacker could access their personal information without them even knowing.



### 8. LIMIT SCREEN TIME

Using a device for too long, especially just before bed, can interfere with a child's sleep quality and reduce their concentration and overall enthusiasm. It might be helpful to agree on certain times of day when they don't use their device. Most devices' settings let you specify a screen-time limit, helping your child to stay fresh and focused in order to perform well at school.



### 9. ONLY PAIR WITH KNOWN BLUETOOTH DEVICES

Your child may want to connect to another device via Bluetooth, so they can listen to music wirelessly or share pictures and videos with nearby friends. But if they use Bluetooth to link with a device that they don't know, they're at risk of a stranger being able to see their personal information or having someone transmit a virus onto their device.



### 10. TURN LOCATION SETTINGS OFF

It's safest to disable the device's location services (if it's a portable device) so your child doesn't inadvertently make other people aware of where they are. You can usually do this via the device's privacy control settings. Turning location settings off not only means your child's whereabouts can't be tracked by others, it also significantly extends battery life.



### 11. STAY AWARE OF THE SURROUNDINGS

It's quite common to see adults not looking where they're going while engrossed in their phone. Children are even more easily distracted. In some cases, children have been hit by cars or cyclists because they were staring at their device and lost track of where they were. Remind your child that screens and walking don't mix. If they need to use their device, they should stop in a safe place first.



### 12. BE THERE IF THEY NEED TO TALK

Even when you've made a device as secure as you can, there's still a possibility of your child seeing something that bothers them, or someone they don't know attempting to contact them. If this happens, listen to their concerns, empathise and reassure them. Once they've explained what happened, you can decide if you should take further action like blocking or reporting another user.



**NOS** National Online Safety®  
#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)

[@natonlinesafety](https://twitter.com/natonlinesafety)

[/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)

[@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.12.2020

# The Talk Shop

Every Thursday 4-7  
(during Covid restrictions)

The Talk Shop is able to offer a limited number of one-to-one brief intervention counselling slots on a Thursday evening to children and young people aged 9-19 at The Anthony Seddon Centre. If you would like a space, please contact 0161 376 4439 on a **WEDNESDAY before 3pm** for an appointment the next day. This is on a first come first served basis.

Alongside this on a Thursday between 4-7, Off The Record and Healthy Young Minds are able to offer a limited number of appointments for support/advice to families. These will be offered on a first come first served basis. To request an appointment, please contact 0161 376 4439

COVID guidelines are in place and **must be** adhered to at all times. As stated, there are only a limited number of spaces so please be patient if you do not receive a space.

The Anthony Seddon Centre  
12 George Street, Ashton-Under-Lyne  
Telephone-0161 376 4439

The Anthony Seddon Fund

