

Mossley Hollins High School

Newsflash 24

Friday 13th March 2020



Message from Mr Marshall

Dear Parent/ Carer,

Re COVID-19

Given the national and international news coverage regarding the spread of this infection I am writing to update you with the latest information and advice, which we have received in school.

Clearly, this is a very worrying time for everyone but I would like to reassure you that the risk to individuals remains low and there is currently no information to suggest that there is an increased health risk to any of our pupils or staff in school. I can confirm that there have been no reported cases of the virus in school.

The government, on the advice of the Chief Medical Officer and Chief Scientist, have said that schools should remain open and that children should continue to attend as normal. This is a huge relief given that we are only a matter of weeks away from the GCSE examinations. Families should continue to follow the advice of the NHS and Public Health England if they are concerned about a child's health.

We will of course keep you updated with any changes to this advice via the school website and social media platforms.

We are reassured that, of those who catch the coronavirus, the great majority will have a mild to moderate flu-like illness that will pass in a week or two. There is nothing in the research to suggest that children will be badly affected if they contract the virus but we do need to take simple precautions to protect ourselves from the spread of the virus. Please encourage your child to follow the good hygiene advice issued by the NHS at www.nhs.uk/coronavirus. Students should ensure that they wash their hands frequently and thoroughly throughout the day using the facilities provided as this is the best way to protect themselves and others from the spread of the disease.

Mr S Marshall

Year 7 Morning Meeting

This week, Mrs Din was assisted by two of our Year 7 students in leading the morning meeting. The focus was on Pride in our Environment where Holly and Taylor highlighted the importance of keeping our environment clean and free from litter. The girls confidently explained why this was important, as well as what everyone needs to do to help. Students were reminded about school rules in relation to food and drink. Food is only permitted to be consumed in the drum or outside, other than packed lunches in the Year 7 home base at lunchtime.

Nightingale College (Year 11) – Intervention

We continue to be impressed by the attitude the vast majority of our year eleven students have demonstrated in after-school intervention. Next week, intervention will be **BLUE** week.

Blue Week			
	Before School	Lunch	After School
Monday			DESIGN TECHNOLOGY ART (for students not in Separate Science)
Tuesday		PE	FOOD COMPUTER SCIENCE PHOTOGRAPHY SPANISH
Wednesday			MATHS
Thursday			ENGLISH
Friday	PE		MUSIC DRAMA SCIENCE

Bronte College (Year 10) - PPE Timetable

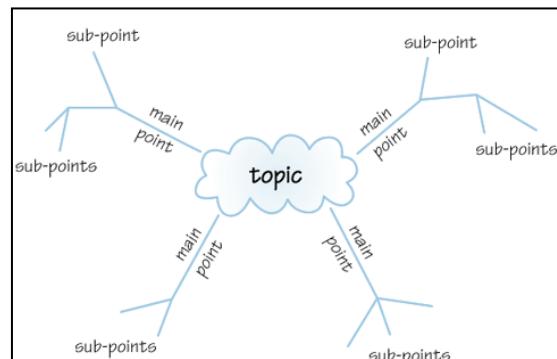
We have been impressed with the maturity students in year ten have demonstrated during their first week of Pre-Public Examinations. The examinations continue next week.

Date	Timings
Monday, 16 th March	08:45: Computer Science, 1hr 30 10:55: Geography: Decision Making, 1hr
Tuesday, 17 th March	08:45: Music appointments, 1 hr
Wednesday, 18 th March	11:15: Statistics Paper Two, 1 hr 30
Thursday, 19 th March	12:15: Music appointments, 1 hr Period 5 and Period 6: Art and Craft, 2 hours
Friday, 20 th March	08:45: Fine Art, 2 hours 11:15: Food and Technology Practical, 3 hours

Revision Tips: Mind Maps

Each week we will suggest some strategies you may find useful to help with your revision. This week the revision strategy is **creating and using mind maps**.

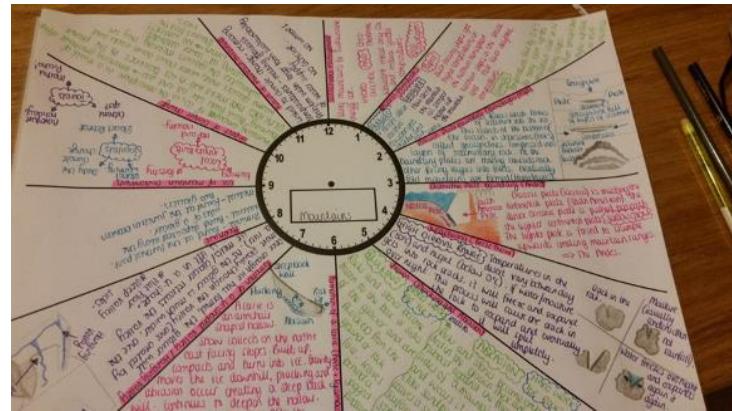
Mind maps are a **visual** revision technique, which some people find very useful. Developing visual material can help your **recall** and also be a quick way to show lots of information. Visualisation can help you remember (e.g. when we try to picture where we have left



something or what's in our cupboards when writing a shopping list). Visual aids can also be put up around your room so that you are constantly reminded of your learning (although don't overdo it!).

Mind maps help you to **generate ideas and make associations**. They can also act as a **powerful memory aid** in an examination because they are visual. They can be used to help revise a **particular unit or a concept or case study**. Some tips for getting the most out of mind maps:

- Start with the key concept/ unit.
- Work outwards – use keywords and processes
- Include diagrams/ visual reminders.
- Don't fall into the trap of making Mind maps on topics you know well – **revise the topics you don't know**.
- Don't spend **too long** colouring & making it look pretty – make it visual but don't let this take over your time.
- Try a 'Revision Clock' type mind map – this way you can set a time limit for yourself to cover a topic or concept in one hour (5 minutes per section). See below for an example.
- **Revisit and test yourself** using your mind map – cover sections and test yourself or get someone else to test you.



School Council

The school council have been meeting over the past few weeks to discuss drinks in school. They have discussed the impact of fizzy drinks on student behaviour and on their health. They will be making a recommendation to the senior leadership team at school around this issue in the next few weeks.

The advice from Public Health England is as follows:

"Energy drinks are not a healthy choice, particularly for children and young people. In some people, caffeine can cause increased irritability, nervousness or anxiety, particularly if you are not used to it. Public Health England has recently advised that sugary drinks have no place in a child's daily diet."

Too much sugar in the diet means too many calories leading to weight gain and obesity. Obese children and teenagers are more likely to be bullied, have low self-esteem, miss school and become obese adults who have a higher risk of developing type 2 diabetes and heart disease."

Advice from British Heart Foundation:

"If you feel that you are lacking in energy you should look at your overall diet and lifestyle to find out why you are so tired, rather than just reaching for an energy drink. Good habits like eating well, being physically active and getting enough sleep might seem harder to do than opening a can, but sticking to a healthy routine will ensure you feel well, rested and ready for the day ahead which in turn will mean you do not need the energy drinks - as well as helping to look after your longer term heart health."

Choir Concert

Our pop choir are performing at a “Voices Together” event which is a new venture combining Tameside and Stockport music services. The event will take place on Wednesday, 18th March 2020 at St Thomas’ Church Higher Hillgate, Stockport.

Four schools – two from each local authority are performing separately (by invitation) and together at the event, which begins at 6.30pm following a rehearsal together from 4.30 – 5.30pm

Look out for a report about the event in next week’s Newsflash.

Anthony Seddon Trust

Mossley Hollins High School held a Christmas Jumper Day in December with all the year groups to raise money. As a school, we wanted to choose which charity to donate the money to, we chose the Anthony Seddon Trust. Recently we carried out a survey, which indicated that many students were concerned about mental well-being so we chose a charity based around mental health. We had a really fun day allowing us to raise almost £350.

The Anthony Seddon Fund was set up in June 2014 by Donna Thomas and her husband Brian after the death of their son, Anthony (the namesake of the charity), to offer support for those with mental health issues in Tameside. Anthony was a lovely, warm young man with a brilliant sense of humour and a smile that could light up a room. He was popular, energetic and intelligent, but sadly struggled with bi-polar disorder from the age of 18. After a 12-year battle with the disorder, during which he was constantly in and out of hospital, sometimes struggling to cope with the debilitating side effects of strong medications, Anthony died on 31st March 2013. He was just 30 years old.

Anthony's family, who struggled to access support in the aftermath of their son's death, promised to continue his legacy by helping people in similar situations and by educating the wider population about mental illness. An initial fundraising effort was so successful that Donna and Brian decided to open a Charity Shop, not only to sell donated items, but to provide a space for people to discuss their mental health concerns.

As the charity and its customer base grew, the numbers of people looking for information, support or just for someone to talk to, outgrew the shop. Donna and Brian decided to obtain another property, dedicated to providing a supportive environment for people with mental health concerns. The Anthony Seddon Centre in Ashton-Under-Lyne offers a range of activities and support groups, as well as its drop-in service, but above all is a safe and welcoming environment.

As a school, we believe that more money needs to be raised to support the mental well-being of young people, in and out of school, and so we wanted to raise funds for a charity that is very close to our school community. Anthony Seddon was a student in our class of 1999 and still has some relatives at our school; we are so pleased that we could help in some way by fundraising for this fantastic cause.

Neve Finney and Amber Webster (Year 8)



Registered charity No.1157871

The Anthony Seddon Fund

Thank you for your continued support

Mossley Hollins High School raised £349.41 February 2020

The money raised will help us continue to support people with mental health issues in Tameside

www.tasfund.org.uk
0161 376 4439
12 George St. A-U-L. OL6 6AQ



Visit – Aston Martin Specialist Workshops and Vantage Car Viewing

On behalf of the Technology, Art and Computing faculty, we would like to send our special thanks to Matthew Kennerely and Aston Martin, for allowing our students the opportunity to take part in an action packed and awe inspiring day. Including the opportunity to view and sit in a 2019 Aston Martin Vantage.

Last Friday, during their lessons, students received a personalised talk explaining what Matthew does for as a career as a clay sculpting specialist and how his career path has mapped out to working at Aston Martin. During the talk, the students were shown images of the cars he has modelled and helped to design. This allowed the students to further develop their understanding of the design and make processes involved in developing a car ready for manufacture. He also gave the students opportunities to work with his own specialist clay tools and equipment whilst working on his specialist Marsclay to develop their practical skills.

Year 8 Art lessons - The pupils worked on sculpting their clay Faberge eggs with the support of Matthew's knowledge. This included glazing and developing their clay modelling skills as well as using professional clay modelling tools.



Year 10 Design and Technology - Pupils worked on their personalised Styrofoam models, for ergonomically designed computer mice. As the students found out this was a familiar modelling material for Matthew, as they use Styrofoam underneath the clay to produce the outline shape of the car, before the clay is added on the surface. They also had the opportunity to take part in clay masterclasses.



Year 10 Art, Craft and Design and Year 11 Design and Technology produced clay sampler tiles. During the session, they worked with different clay tools to explore creating prototypes through modelling including pattern development.

Year 10 Business - Students received an in-depth presentation and question and answer session to understand careers and the car industry. This including manufacturing, time scales, enterprise and working as part of a team.

Yr11 Photography- Students developed their Photography skills by photographing the Vantage car, by testing different perspectives, viewpoints and will add filtering techniques.



During DEAR time, a small number of pupils were given a talk about the Aston Martin Vantage's specification and allowed to have an in-depth look at the cars design features.

During break and lunch the visitor's car park was alive with excitement and smiling faces, as an all access pass was given to everyone to explore and sit in the car. Opportunities were also available for students to have their photographs taken when sitting in or standing by the car. I would also like to congratulate all of the pupils who took part in the lessons or visited the car during their own time, for their mature attitudes, impeccable manners and respect throughout day.

Break and lunchtime viewings





Visiting Speaker from Start People Limited



On Thursday, 5th March 2020 our Year 11 GCSE Business Class were visited by Andrew Vose a Director of Start People Limited. Students gained a real-life insight into the recruitment process and were able to pose their own questions about the life of an entrepreneur. We would like to thank Mr Vose for giving up his time in order to bring the fast paced world of the recruitment world to Mossley Hollins



Mr Chalmers



Oxford Computational Thinking Challenge

On Thursday, 5th March 2020, our 12 students who finished in the top 10% nationally of the Bebras Computational Thinking Assessment took part in the 2020 Oxford Computing Challenge.

These students were Callum Bennett, Brooke Bamford, Millie Wright, Joseph Robinson, Maisie Knott, Nicole Mulhall, David Beeley, Jonathan O'Mara, Joshua Hainsworth, William Mason, Ewan MacDonald and Joshua Pycroft.

We are very proud of all the students who took part.



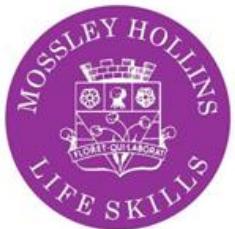
The Oxford Computing Challenge



Life Skills

The content for Life Skills during form time next week is as follows;

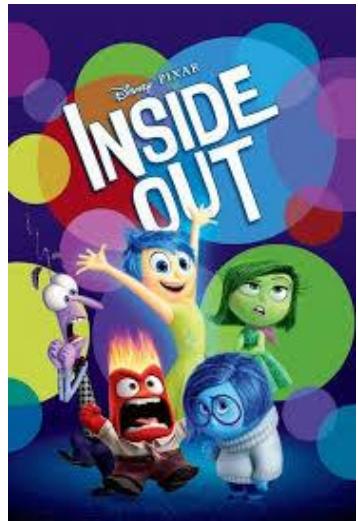
- Year 7 – The anti-vax movement
- Year 8 – Unhealthy behaviours in relationships
- Year 9 – Gang involvement
- Year 10 – Low self-esteem
- Year 11 – Humanities revision



For any queries regarding the Life Skills curriculum, please contact Mrs Harrison at r.harrison@mossleyhollins.com

Filmosophy & Life Skills

Thank you to all students who have attended Filmosophy so far this year. We have now finished the film 'Coco' which sparked discussion amongst students about what might happen after death and whether a belief in life after death is important. We have decided to focus on Life Skills in our next film, particularly concentrating on themes such as managing emotions, using appropriate vocabulary to describe how we feel and promoting good mental health. Our next film will be Disney Pixar's Inside Out, a film which follows a young girl, Riley, and her five core emotions, Joy, Sadness, Anger, Fear and Disgust as they negotiate the family moving away from home. The first showing of Inside Out will take place in 2.06 next Wednesday at 1.30pm. All students are welcome to attend.



Scientist of the Week

Macy Pogson Year 10

Macy has been working hard to prepare for her upcoming Biology PPE. Her science knowledge and work on 'genetics' has been particularly impressive. Macy contributes to class discussions and asks for help with anything she is unsure about. Well done Macy! Good luck in your PPES.

Mrs Milburn

Non-Prescription Medication

If your child needs to take medication, which has not been prescribed to them, please ensure that you write a letter giving your consent that the medication can be taken in school. The medication and the consent note should be handed in to the office first thing in the morning making it clear at what time your son/daughter took their previous dose and what dose was taken. Failure to provide this information will mean that we are not able to dispense the next dose in school. If we do dispense a dose in school, notification of the dose and the time taken will be communicated to parents via a text and a note in your child's planner.

Reuben's Retreat

On Friday 6th March 2020, I was lucky enough to be able to present an assembly to Year 7 on Reuben's Retreat which is a local children's charity based in Greater Manchester.

It was an absolute pleasure to be able to talk to the young people and staff as the year group had raised over £800 for Reuben's Retreat in a sponsored walk earlier in the academic year. That amount of money means a great deal to

us and we are truly grateful for all the support and funds received. We always say at Reuben's Retreat that no one can do everything but everyone can do something. This is obvious from the support we received from everyone at Mossley Hollins High School and of course the parents and carers too.

Reuben's Retreat is a charity in memory of a beautiful boy, Reuben Michael Graham. Reuben and his family are a local family from Mottram. Reuben had been enjoying a family holiday in Devon when an unexpected trip to A&E resulted in the worst nightmare imaginable. Nobody could ever have known what was about to unfold for Reuben and his family, and what followed turned out to be the worst 7 days of their lives. Reuben had a brain tumour, it was cancerous and only 6-8 weeks old. The care that the family received, the families they met along the way and the support they encountered inspired Reuben's Mummy, Nicola to launch a charity in his memory. Reuben passed away in his loving Mummy's arms on the 21st of August 2012 aged 23 months, and just 2 days later on the 23rd August 2012 Reuben's Retreat was born.

By April 2014, we had raised sufficient funds to purchase our Retreat, an incredible Victorian building (former cottage hospital) set in parkland in Glossop. The 1.63-acre site had two beautiful but dilapidated buildings that needed extensive renovations to transform it into our forever home (10-phase renovation project). We have completed phases 1-3 to date and are currently working on phases 4, 5 & 6, which are due for completion shortly. Phases 4, 5 & 6 will incorporate a hydrotherapy pool and full changing place, sensory and movie room, arts, crafts and messy play, offices, main reception and will all be linked by a beautiful glass corridor.

At Reuben's Retreat, we support Mums, Dads, Brothers and Sisters bereaved of a child and families and individuals that have one or more children with a life limited and/or life threatened illness or condition (children that may face an uncertain future). We provide a range of emotional and practical support tailored to suit their needs. The support can range from one to one counselling, holistic therapies, peer led support groups, activity days and breaks away. We receive no government or NHS funding and all our support services are free of charge to the families and individuals and we provide those through active fundraising.

We know at Reuben's Retreat that children grow into the adults of tomorrow and we want to support young, inquisitive minds to grow with hearts that are full of compassion and kindness for others. That's why we were really honoured that Mossley Hollins High School got in touch. To work in partnership with schools is a huge privilege that we treasure and we are so grateful to have all of your support. Thank you to all, it means a great deal to us.

We are always looking for any kind of support you think you could offer from volunteering to fundraising.

We are always looking for any kind of support you think you could offer from volunteering to fundraising and therefore, if you want to know more about us please visit our website at www.reubensretreat.org or go to our Facebook, Instagram, Linked In and Twitter pages. You can call us on 01457 680 023 too and we promise you will always hear a friendly voice on the line.

Lindsay Smith and
Team Reuben



Arts and Sports News

Year 9 B League football

On Thursday night, the Year 9 football team played in a six a side tournament at Copley Academy. The boys played against five other schools on the night in some very competitive games of football to win two, draw two and lose one. They put in two outstanding team performances against Copley and St Damian's scoring four goals and they won these games with some quality football being played at the back and up front. The stand out performances came from Tommy Wilson in defence and Will Mason up front for their outstanding displays throughout the tournament.



Congratulations and well done to Ben Holdaway, Tommy Wilson, Will Mason, Dylan Riley, Ewan Woodhead, Luca James, Ellis Hodgson, Joshua Lister and Oskar Malejczyk.



Year 7 Interform – Boys Basketball.

Over 35 boys took part in the Year 7 interform basketball tournament on Thursday night. Earlier in the day it was announced the NBA were cancelling all upcoming games but this did not put the year 7 boys off who put in some outstanding basketball performances. The games were played in the right way yet again with high levels of competitiveness with a friendly rivalry amongst the different forms. There were some outstanding individual performances from Tom Walsh, Dimitiris Polyzois, Finley Blenkinsop, Makenzie Consterdine, Layton Charlton and Jamie Uttley scoring the most baskets for their teams.

After each team played 5 games each the results came in and 7Y finished in 6th place, 7S1 finished in 5th place, 7L finished in 4th place, 7O finished in 3rd place, 7M finished in 2nd place and 7S2 won 4 out of 5 games to finish in first place.

Congratulations and well done to all the pupils involved.





Year 7 Interform – Girls Football.

Over 25 girls took part in the Year 7 interform tournament on Thursday night. There were four teams altogether and each team played each other to play three games each on the night. The quality of football from all four teams were outstanding and this made the final league table very close with all teams finishing with the same number of points so the positions were decided on goals scored. 7S1 finished in fourth place, 7Y and 7M finished in joint second place and 7E finished in first place to be crowned the Year 7 Interform Girls Football Champions 2020.

Congratulations and well done to all the pupils involved.



SPORTS AND HEALTHY LIFESTYLE EXTRA CURRICULAR CLUBS

DAY	MORNING	LUNCH TIME	ATERSCHOOL
MONDAY		Boys football Year 7 Year 11 volleyball and trampolining Year 11 table tennis Year 11 dance	
TUESDAY		Year 11 volleyball and trampolining Year 11 table tennis Year 7/8 dance Year 8 boys fitness D of E	Football practice 7-8 Netball practice 7/8/9 Fixtures Year 11 - BTEC Sport revision
WEDNESDAY		Year 11 volleyball and trampolining Year 11 Table tennis Year 9 volleyball GCSE Dance Show rehearsals	Year 7-9 girls football Year 9 and 10 basketball Year 7 basketball Year 7 & 9 street dance
THURSDAY	Year 11/10 badminton & table tennis club	Year 8 football Year 11 volleyball and trampolining Year 11 – BTEC Sport revision YEAR 7 girls Fitness Year 9 dance	Fixtures Interform activities
FRIDAY	GCSE PE intervention 8am Year 11/10 badminton & table tennis club	Year 9 football Year 11 volleyball and trampolining Year 11 table tennis Year 10 dance Year 7 boys fitness	Year 11 table tennis

Dates for your Diary

Monday, 16th March- Friday, 20th March: Year 10 Pre-Public Examinations

Wednesday, 18th March: Voices Together Choir Concert

Monday, 23rd March- Friday, 27th March: Year 8 T2 assessments

Wednesday, 25th March: Wellifest Auditions – 6.00pm Arts Theatre

Thursday, 26th March: MCSP Big Sing

Wednesday 1st April: Year 11 GCSE Photography twilight session

Friday 3rd April: Break up for Easter Holidays

Monday 20th April: Students return to school

Homework Clubs

To ensure students are able to complete their homework with support from a specialist teacher, we offer homework clubs during the following lunchtime each week...

Monday - Science 3:07

Tuesday - Humanities in 2:04

Wednesday – English in 2.08

Thursday - Maths in 3:04 and Technology in 4:06

Friday - Arts and Sports in G: 01

Ever Thought About A Career In Teaching?

Ever thought about a career in Teaching?

If so, why not '**Train to Teach**' with us here at **Mossley Hollins High School** through School Direct in partnership with the **everyonelearning@** Teaching School Alliance and the University of Cumbria? We are currently recruiting for **Biology, Chemistry, Physics, English, Geography, History, Maths and MFL**.



School Direct allows schools to request training places directly, select the ITE (Initial Teacher Education) provider of teacher training they want to work with and agree the content and focus of the training. Bursaries are available!

For further information please contact d.webster@mossleyhollins.com
<https://getintoteaching.education.gov.uk/explore-my-options>



Public Health
England



Advice on the coronavirus for places of education

How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it
with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks
& sport
activities



Before
cooking
& eating



On arrival at
any childcare
or educational
setting



After using
the toilet



Before
leaving
home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: campaignresources.phe.gov.uk/schools

What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call NHS 111 for advice. Follow the UK Government advice for childcare or educational settings gov.uk/government/publications/guidance-to-educational-settings-about-covid-19. Parents can visit NHS.UK to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Iran, specific lockdown areas in northern Italy, special care zones in South Korea or Hubei province China (returned in the past 14 days) should self isolate, and NOT attend education or work for 14 days. See NHS.UK for advice on coronavirus.



If there is an emergency, call 999 immediately