

Mossley Hollins High School

Newsflash 18

Friday 24th January 2020



Message from Mr Marshall

Year 11 Final Run Up

There are now only 12 school weeks before the real GCSE examinations begin in May and all Year 11 students should be fully committed to their revision and home study. To ensure we can provide the very best teaching for them during the final few weeks, we need to know exactly what knowledge, skills and understanding the pupils need to work on. The forthcoming PPE examinations, which begin on Friday, 31st January, will provide this vital information **but only if the students are fully prepared for the exams through thorough focussed revision.** From this week, all homework for Year 11 will be revision focussed to support the students and their work in preparation. **Students should be revising regularly at home every evening and weekend.** It goes without saying that we rely on the support of parents and families to ensure that Year 11 students are fully prepared, please do not hesitate to call us if you require any help, advice or guidance on how best you can support your child at this exciting but challenging time.

School Production-Annie

Congratulations to all the cast and crew of our musical production of Annie, which was staged this week. Once again, our young people excelled themselves, performing magnificently to three sell out audiences. Thank you to all our guests for attending and supporting the children, your support means so much to them and I know that this, and other performances, will remain a highlight of their time at Mossley Hollins for many years to come.

Here's to many successful future productions at Mossley Hollins.

Have a great weekend.



Bag Searches

To ensure the ongoing safety of all students and staff, we will be conducting bag searches each half term. Please support us in ensuring that your son/daughter does not bring items to school which are not permitted, this includes (but is not restricted to) cigarettes, lighters, e-cigarettes, offensive weapons (including pocket multi tools), drugs, alcohol, toys, mobile phones, etc.

Heads of Year and form mentors will be organising bag searches over the following weeks and ongoing at least every half term. The purpose of these searches are to make sure that we do not have items in school that will cause harm to students and/ or staff as well as items that can cause distraction to learning. Thank you in advance for your support.

Nightingale College – Year 11 Intervention

Next week will be **RED** week for Year 11 intervention. If you study more than one subject on an intervention afternoon, you should attend the subject in bold.

Red Week			
	Before School	Lunch	After School
			Geography History Design Technology (For Students Not In Separate Science)
Tuesday	Religious Studies	PE	Spanish Food Computer Science
Wednesday			Maths
Thursday			English

12 weeks to go.

Intervention will finish on Thursday, 30th January due to the start of PPEs. Intervention will resume after the half-term holidays.

Year 11 Pre-Public Examination (PPE) Timetable

Year 11 students will complete their final round of Pre-Public Examinations (PPEs) at the end of this half-term. Please be aware that the examinations highlighted in yellow are real public examinations, which contribute to the student's final BTEC grade. As these examinations are very important, the booster sessions (highlighted in blue) will provide an opportunity for students to prepare.

We wish all students the very best of luck in this, their final round of Pre-Public Examinations before the real examinations.

Class of 2020 - Year 11 - PPE Timetable

PPE Timetable- Year 11

Date	P1	P2	Form	P4	P5	P6 (an P7 on a Monday)
Monday, 27th January	Photography			Photography		
Thursday, 30th January	Drama Practicals			Drama Practicals		Drama Practicals
Friday, 31st January	Physical Education (1hr 45) Business Studies (1hr 45)			English Language P2 (1hr 45)		
Monday, 3rd February	English Language P1 (1hr 45)			Biology P1 (1 hr 10/ 1hr 45)		Statistics P1 (1 hr 30) Period 7 Booster for ICT BTEC
Tuesday, 4th February	Booster for BTEC ICT			BTEC ICT Examination		
Wednesday, 5th February	Media Studies P2 (1 hr 30) Dance Theory (1 hr 30) Computer Science P1 (1hr 30)			Mathematics P1 (1hr 30)		Further Maths P1 (1hr 30) Music appointments
Thursday, 6th February	Spanish Writing (1hr/ 1hr 15)			History P2 (1 hr 45) <i>Elizabethan England and The Cold War</i>		Booster for BTEC Health and Social
Friday, 7th February	Health and Social Care BTEC Examination			Mathematics P2 (1hr 30)		
Monday, 10th February	Geography (1hr 15) <i>Our</i> <i>Natural World</i> Music appointments			Chemistry P2 (1hr 10/ 1hr 45)		Statistics P2 (1 hr 30)
Tuesday, 11th February	Physics P2 (1hr 10/ 1hr 45)			Music Theory (1hr 30) Design and Technology (1hr 30)		
Wednesday, 12th February	Religious Studies (2hrs) - <i>Religious, Philosophical and Ethical Issues in the Modern World</i> Computer Science P2 (1hr 30)			Mathematics P3 (1hr 30)		Music appointments Further Maths P2 (1hr 30)
Thursday, 13th February	English Literature P1 (1 hr 45) <i>Macbeth and Jekyll & Hyde</i>			Spanish Listening and Reading (1hr 45/ 1hr 20)		
Monday 24th February	Art			Art		

Revision Tips

Tip 1: Creating time and space

- Make sure you have a good 'revision space'. This is important as it will help your mind to focus when you are comfortable but in a formal setting. Sitting at a desk or table rather than lying on your bed will help your brain know that it's time to learn.
- Some people learn well by association - the place in which you study can be a useful cue to recalling information. E.g., study Maths in the kitchen, Science in the dining room etc., if it is practical to do so and it works for you.
- Switch mobile phones, tablets, games consoles and TV's off whilst you are revising. Better still; remove them from the room and ask someone to look after them for you so you can't use them for an hour or so. You will be surprised at how much more productive you will be!
- Try to keep your revision books and notes together so they are easy to find.
- Keep your space clean and tidy so your full concentration is on revising.
- Keep a *realistic* revision timetable to help you manage all of your work. Make sure you still include time for your hobbies, walking the dog, family activities and seeing friends... and make sure you get some fresh air.
- Allow yourself regular breaks to have a drink and a snack; this will help you to concentrate.



School Production of Annie

This week has seen Mossley Hollins High School production of 'Annie.' A fantastic three-night run of a show that students have spent months preparing and rehearsing for.

From the wit and wonder of Miss Hannigan, played by Calvin Thomas, to the cheeky and unpredictable nature of Sandy the Dog, all characters were inspiring and a delight to watch.

Students have performed with enthusiasm throughout the week, enjoyed alongside rapturous applause from sell-out audiences. Crowd favourites included 'Hard Knock Life', with the dancers demonstrating not only the flair of their characters, but gymnastic skill. Miss Hannigan shone in her rendition of 'Little Girls', while Rooster's moustache took centre stage, and attention, throughout 'Easy Street.'

We had fabulous support for the cast all three nights from our backstage crew including Mrs Adams on hair and make-up, alongside our sound and light technicians. A special thanks must also go to parents and carers for supporting the show. Hours of time and effort have gone into planning around rehearsals, supporting students with attendance, learning their lines and character development! Thank you to all involved for their time and dedication to supporting yet another incredibly successful production.





Safeguarding Students – ‘Social Pressures’

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Social media has its benefits for connecting with friends, sharing experiences and widening their understanding of broader issues beyond their local community. The challenge with connecting and sharing experiences via social media is that these shared experiences are often via images. Wanting to fit in and caring about their physical appearance is a perfectly normal part of adolescence. However, with the easy access of image changing software and filters, this physical appearance is often not the reality, further increasing the pressure for young people to gain or portray unreal perceptions.



What parents need to know about SOCIAL PRESSURES LINKED TO ‘APPEARANCE’



ONLINE APPEARANCE AND MENTAL HEALTH

The opportunity to change physical appearance through social media apps is creating a high level of perfectionism for children to portray themselves faultless and compare themselves to images which are sometimes unreal. This can lead to anxiety, depression and poor self-image and an overall sense of never feeling good enough. Having poor self-image can affect the way that your child interacts with others and how we care for ourselves.

AIRBRUSHING

Refers to the retouching done to an image that changes the reality of the photo. It may include removing people, objects, altering body shapes or erasing blemishes like acne or scars. The digital technology to enable airbrushing is now widely and easily available for desktop computers and social media apps. It is sometimes known as ‘Photoshop’.



FILTERS

Filters applied to manipulate a photograph are another way of creating a delusion of what is real. Software within social media apps reconfigure your face and skin to look more aesthetically pleasing. As innocent and fun as these filters may seem, they are sending a message that we are more attractive when our features are modified.



APPS WHICH CHANGE APPEARANCE

These relate to free downloadable apps or options within social media apps which create a fun and easy way to alter your appearance. They are designed to be fun and can become addictive because once an altered image is used, it is very difficult to revert back to an unaltered version of themselves.



MULTIPLE PHOTOS FOR THE PERFECT IMAGE

Taking multiple shots to capture the perfect image to put onto social media is another way of disguising reality. Creating an image which receives approval from peers through multiple comments and likes exacerbates the desire for a perfect picture and the approval for continuing to achieve the perfect image.



Safety Tips For Parents

QUESTIONS TO CONSIDER BEFORE TALKING TO YOUR CHILD

- Do most of their social media photos have a filter/image changing app on them?
- Do they often talk about wanting to gain comments and ‘likes’?
- How often do they talk about their physical image in a negative way?
- Are they excessively anxious about their physical appearance, to the point it impacts on their every day life?

If you have answered yes to most of these questions, then it would be a good idea to have a discussion about their use of image altering apps.

DON'T GO COLD TURKEY

Talk with your child about taking one unfiltered image of themselves and sharing it with family first and then posting on social media. Perhaps ask other members of the family to send or post on social media unaltered pictures of themselves.



BE COMPLIMENTARY

Whilst improving body image starts with the child's image of themselves, complimenting them daily on their personality and qualities will provide external, positive encouragement about themselves, away from just their physical appearance.



DAILY APPRECIATION

When we have the sense that we are not good enough, we can feel like we are always falling short. You and your child together might want to create a gratitude journal, board with post-it's or wipe board where you write down things that you are grateful for or appreciate. This could range from the weather to a kind deed or to a piece of work that went well.

CHANGE THE STORY

We all have a narrative or a story we've created about ourselves that shapes our core self-image. Sometimes automatic negative thoughts like ‘you're fat’ or ‘you're ugly’ can be repeated in your mind so often that you start to believe they are true. These thoughts are learned, which means they can be unlearned. You can start with helping your child reframe the story into a more positive assertion or story. This will link to complementing and daily appreciation.



WHEN TO GET HELP

If your child becomes overly despondent, withdrawn or there is a change in behaviour over a prolonged period of time, they may need some professional support to help them. <https://www.bacp.co.uk/search/Therapists> <https://www.themix.org.uk/> is good organisation as a source of support if your child wants to reach out for support themselves



Meet our expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

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Nightingale College – Earthquake Proof Buildings

Year 7 students have been recently learning about the formation of tectonic hazards, which can devastate countries around our planet, such as earthquakes, volcanoes and even tsunamis. As part of their exploration into the creation of earthquakes and volcanic eruptions students were set a critical thinking task in lessons - how to create an earthquake proof building. Students learnt strategies from modern architecture and engineering design and incorporated them into a cardboard design of a building. A low centre of gravity, cross bracing and rubber foundations were all excellent strategies that were developed into their designs. Well done to all.



Nightingale College (Year 11) - Congratulations to Ella

This week we report some fantastic news for one of our Year 11 students, Ella Atkinson.

Following an intensive audition, which consisted of a number of performances including ballet, jazz, contemporary class, performance of a solo choreography and interview and physical assessment Ella has been offered a place to study on the FdA Professional dance performance programme at London Studio Centre from September 2020.

London Studio Centre is a leading conservatoire, delivering world-class education and training in theatre dance and music theatre.

Ella will undertake this two-year programme, which leads to a further [BA \(Hons\) Professional Performance \(top-up\)](#) year and provides a thorough grounding in key dance techniques with in-depth development of specialist skills. This leads to specialisation in classical ballet, contemporary dance, jazz dance or music theatre.



Ella has worked tirelessly to achieve her goal of studying at a conservatoire to become a professional dancer. Since the age of 10, Ella has been training almost every evening, weekend and school holiday. She thoroughly deserves this opportunity; we are so very proud of her and wish her every success.



Mossley Hollins Band Engagement

On Saturday, 25th January, the school band will be performing at the George Lawton Hall for a Meningitis Research Foundation fund raising event. The evening includes other entertainment – vocalists, a band, a grand raffle and an auction of special items.

Tickets are available prices at £10 – just call 07597 987 065 with all money going to the charity.

Head Student Team Q&A with Year 10

This week, the Head Students triggered the start of the recruitment of new Prefects in Year 10 by holding a Q&A session. They were able to share their own experiences of student leadership and were able to answer questions about what they have enjoyed and what makes a good student leader. This is a fantastic opportunity to get involved and develop leadership skills. We would encourage as many students as possible to get involved, whether they are interested in Peer Reading, Peer Mentoring, being a Prefect or in being part of the next Head Student Team. The next stage of the process will be pre-prefect training, which will take place after school. Further details to follow soon.

Life Skills

The content for Life Skills in form time next week is:

Year 7 – What is love?

Year 8 – A career in construction

Year 9 – Assessing readiness for sex

Year 10 – Why should you vote?

Year 11 – Humanities revision



If you have any enquiries about the Life Skills curriculum, please contact Mrs. Rebecca Harrison at r.harrison@mossleyhollins.com.

For any enquiries regarding the Citizenship content (Year 10 only), please contact Ms. Louise Ricker at l.ricker@mossleyhollins.com.

Faraday College – Scientist of the Week

Scientist of the Week

Sofia Whitehead Yr. 8

Sofia consistently gives 100% in all science lessons and was able to demonstrate a clear understanding of how sound travels through solids, liquids and gases in this week's lesson. Sofia was able to explain in detail why rabbits use the ground rather than their call to create a warning sound to other rabbits when danger is near. Well done Sofia. Keep up the good work !

Junior Award Scheme for Schools – Silver and Gold Awards

Following on from the success of last year, many of our Year 7 and 8 students have now begun work towards their Junior Award Scheme for Schools Silver and Gold Awards! Students are now undertaking the necessary activities to show dedication to all four aspects of the award: My interests; Get active stay active; Me and My world and Adventure!

As part of this, students must regularly attend JASS club with Miss Hodgkins. A timetable for this is available from Miss Hodgkins and will soon be advertised on the JASS notice board in school.

See below any dates for your diaries, including lunchtime clubs for each year group to support their journey!



Friday 24th January	<i>SILVER AWARD STUDENTS</i>	4:07 Evidence Recording
Friday 31st January	<i>GOLD AWARD STUDENTS</i>	4:07 Evidence Recording
Friday 7th February	<i>SILVER AND GOLD AWARD STUDENTS</i>	2:05 'Planning your year'
Friday 14th February	<i>NO LUNCHTIME CLUB</i>	
Friday 28th February	<i>SILVER AWARD STUDENTS</i>	4:07 Evidence Recording
Friday 6th March	<i>GOLD AWARD STUDENTS</i>	4:07 Evidence Recording
Friday 13th March	<i>SILVER AND GOLD AWARD STUDENTS</i>	2:05 Session content TBC
Friday 20th March	<i>SILVER AWARD STUDENTS</i>	4:07 Evidence Recording
Friday 27th March	<i>GOLD AWARD STUDENTS</i>	4:07 Evidence Recording
Friday 3rd April	<i>SILVER AND GOLD AWARD STUDENTS</i>	2:05 Community Involvement
<i>Friday 19th June</i>	<i>GOLD ADVENTURE DAY</i>	<i>Location/times TBC</i>
<i>Thursday 9th July</i>	<i>SILVER ADVENTURE DAY</i>	<i>Location/times TBC</i>

Arts and Sports News

Congratulations to our Dance Leaders

Libby Hardman and Brodie Smith have successfully completed ten hours of dance leadership to become Dance Leaders this week. The girls have worked tirelessly every Tuesday lunchtime with Year 7 and 8 students, and the finished dance will be performed at this year's dance show on Thursday, 5th March. Well done girls.



Match Report

Year 11 Football

On Wednesday, the Year 11 Football team played in a friendly game against Longdendale. The boys scored a superb goal after 20 minutes with a great strike from Dominic Collins, after an outstanding through ball and pass from Dominik Mielcarek and Michel Lisic to set up the goal. At half time, they were losing 2-1 but they showed excellent levels of determination in the second half and managed to equalise with a great goal from Kian Broadbent. With five minutes to go, Kian Broadbent went through again and scored another great goal to make it 3-2 and get the victory the second half performance deserved.

Congratulations and well done to Daniel Broadbent, Kyle Clayton, Kieran Harris, Joe Hemsley, Jack Porter, Daniel Mort, Joe Wilks, Callum McNally, Dominic Collins, Will Hughes, Daniel Rhodes, Cameron Monaghan, Michel Lisic, Dominik Mielcarek, Oliver Stokes, Sean Crawford and Kian Broadbent.

Year 7 Futsal

On Thursday night, the Year 7 Futsal team played in the final games of the 2020 tournament at Copley. They played in four games on the night and managed to go unbeaten and they actually did one better than Liverpool FC by actually winning every game. They won the first three games against Laurus Rycroft A (1-0) Laurus Rycroft B (2-1) and Denton (1-0), but the stand out performance was against Copley. The boys put in an outstanding attacking and defending display to win the game 10-1. The boys went on to win the tournament and lift the Futsal trophy to be crowned Tameside Champions. This is an outstanding achievement that the boys should be very proud of.

Congratulations and well done to Finlay Blenkinsop, Luke Bent, Charlie Mayall, Leo Moreland and Finn Jones.



SPORTS AND HEALTHY LIFESTYLE EXTRA CURRICULAR CLUBS

DAY	MORNING	LUNCHTIME	AFTERSCHOOL
MONDAY		Boys football Year 7 Year 11 GCSE Preparation trampolining and table tennis club. Year 11 Dance	Year 7 & 8 Football
TUESDAY		Year 7 Basketball. Year 8 Boys Fitness DofE. G.01 GCSE PE revision LO1 All years Trampolining Year 7/8 Dance	GCSE PE Netball Year 11 Football
WEDNESDAY		Year 8 basketball Year 9 basketball. Year 11 GCSE PE Preparation Table Tennis Year Annie rehearsal	Year 7-9 Girls football Fixtures Year 10 basketball Year 7 & 8 & 9 Street Dance
THURSDAY	Year 11 Badminton & Table Tennis club.	Year 8 Football Year 9/10 volleyball. YEAR 7 girls Fitness Year 9 dance	Fixtures
FRIDAY	GCSE PE intervention 8am G03 Year 10 Badminton & Table Tennis club.	Year 11 Volleyball Year 11 GCSE table tennis and volleyball Year 10 dance Year 7 boys fitness Year 9 Football Year 10 Football	GCSE Table Tennis

Dates for your Diary

Thursday 30th January- Year 9 Parents' Evening

Thursday, 6th February- Character Evening – 6pm

Friday, 31st January- Thursday, 13th February- Year 11 Pre- Public Examinations

Friday, 14th February- Year 10 Life Skills Day

Friday, 14th February- Break up for Half Term

Monday, 24th February- Students return to school

Homework Clubs

To ensure students are able to complete their homework with support from a specialist teacher, we offer homework clubs during the following lunchtime each week...

Monday - Science 3:07

Tuesday - Humanities in 2:04

Wednesday - English/ MFL in 2.08

Thursday - Maths in 3:04 and Technology in 4:06

Friday - Arts and Sports in G:01

Dance Show



5TH March

DANCE SHOW

Tickets available from the office

£3 Per Ticket

Start time: 7pm
Thursday 5th March

MOSSLEY HOLLINS HIGH SCHOOL
FLORET QUI LABORAT